

# FALL 2023 ATHLETIC & PROGRAM GUIDE



127 Mount Vernon St.  
Boston, MA 02108  
(617) 227-5838  
hillhouseboston.org


**REGISTRATION OPENS**  
May 23 for members  
May 25 for non-members

**PROGRAMS START**  
September 5

# MONDAY

FALL 2023

ATHLETIC AND PROGRAM GUIDE

MAIN ASSEMBLY	ART ROOM	CLASSROOM	74 JOY	BOSTON COMMON
	<p><b>Paint &amp; Play (1-3 yrs)</b> 9:15-10:00</p> <p><b>Sensory Art (1-3 yrs)</b> 10:15-11:00</p> <p><b>Mundo de Colores (1-3 yrs)</b> 11:15-12:00</p>	<p><b>ABC Spanish in Motion (0-5 yrs)</b> 9:30-10:15 10:30-11:15</p>		
<p><b>Beginner Fencing (5-12 yrs)</b> 4:30-5:15</p>	<p><b>Open Art (1-5 yrs)</b> 12:00-1:00</p> <p><b>Mini Monets (3-5 yrs)</b> 3:30-4:15</p> <p><b>Clay Creations (3-5 yrs)</b> 4:30-5:15</p>	<p><b>Canta y Baila (0-5 yrs)</b> 2:30-3:15</p> <p><b>Intro to Electronics: Fun with Circuits (5-7 years)</b> 3:45-4:40</p> <p><b>LEGO Junior Engineers/Robotics (5-7 years old)</b> 4:55-5:50</p>	<p><b>Bitty Basketball (3-5 yrs)</b> 4:00-4:45</p> <p><b>6U Basketball Clinics (5-6 yrs)</b> 4:50-5:35</p>	<p><b>Half Kick Soccer (3-5 yrs)</b> 1:30-2:15</p> <p><b>Tennis Club (3-5 yrs)</b> 3:00-3:45</p> <p><b>Born to Play Baseball (3-5 yrs)</b> 3:00-3:45</p> <p><b>Tennis Club (5-6 yrs)</b> 3:45-4:30</p> <p><b>T-Ball Clinics (5-6 yrs)</b> 4:00-4:45</p> <p><b>Tennis Club (Beg.) (6-12 yrs)</b> 4:30-5:15</p> <p><b>Girls Volleyball Club (6-8 yrs)</b> 4:30-5:15</p> <p><b>AA Baseball Clinics (7-8 yrs)</b> 4:45-5:30</p>
<p><b>Intermediate Fencing (5-12 yrs)</b> 5:30-6:15</p> <p><b>Advanced Fencing (7-12 yrs)</b> 6:30-7:15</p>		<p><b>Being Newton: Fun with Physics (7-9 years)</b> 6:05-7:00</p>	<p><b>8U Basketball Clinics (7-8 yrs)</b> 5:40-6:25</p>	<p><b>Tennis Club (Adv.) (7-12 yrs)</b> 5:15-6:00</p> <p><b>Girls Volleyball Club (9-12 yrs)</b> 5:15-6:00</p> <p><b>Baseball Batting Practice (9-12 yrs)</b> 5:30-6:00</p>



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# TUESDAY

**FALL 2023**

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MAIN ASSEMBLY	ART ROOM	CLASSROOM	KITCHEN	74 JOY	BOSTON COMMON	TERSF
<p><b>Vamos a Saltar (1-3 yrs)</b> 9:15-10:00</p> <p><b>Jumping Jacks Gym (1-3 yrs)</b> 10:15-11:00</p> <p><b>Tumble Time (2-4 yrs)</b> 11:15-12:00</p>	<p><b>Sensory Art (1-3 yrs)</b> 9:15-10:00</p> <p><b>Paint &amp; Play (1-3 yrs)</b> 10:15-11:00</p> <p><b>Animal Art Education (1-3 yrs)</b> 11:15-12:00</p>	<p><b>Little Groove Music (3mo-4)</b> 9:30-10:10 10:15-10:55 11:00-11:40</p>				
<p><b>Open Playgroup (1-5 yrs)</b> 12:00-1:00</p>	<p><b>Pre-school Picasso (3-5 yrs)</b> 3:30-4:15</p> <p><b>Science Experiment Explorers (3-5 yrs)</b> 4:30-5:15</p>	<p><b>Little Printmakers (3-5 yrs)</b> 3:00-3:45</p> <p><b>Stuffed Animal Art (5-7 yrs)</b> 4:00-4:45</p>		<p><b>Kiddie Karate (3-5 yrs)</b> 4:30-5:10</p>	<p><b>Superhero Multi-Sports (3-5 yrs)</b> 1:30-2:15</p> <p><b>Little Lacrosse (3-5 yrs)</b> 3:00-3:45</p> <p><b>Tennis Club (3-5 yrs)</b> 3:00-3:45</p> <p><b>Tennis Club (5-6 yrs)</b> 3:45-4:30</p> <p><b>Girls Volleyball Club (6-12 yrs)</b> 4:00-4:45</p>	<p><b>Revs Rookie League (4 yrs)</b> 4:15-5:00</p>
	<p><b>Musical Theater &amp; Art (6-9 yrs)</b> 5:15-6:45</p>	<p><b>Mixed Media Art (8-12 yrs)</b> 5:00-5:45</p>	<p><b>Cocinar con Amigos (5-7 yrs)</b> 5:00-5:45</p> <p><b>Art of Cooking II (6-9 yrs)</b> 6:00-6:45</p>	<p><b>Kiddie Karate (3-5 yrs)</b> 5:15-5:55</p> <p><b>Beginner Karate (6-8 yrs)</b> 6:00-6:40</p> <p><b>Intermediate Karate (8-10 yrs)</b> 6:45-7:30</p>	<p><b>Tennis Club (Beg.) (6-12 yrs)</b> 4:30-5:15</p> <p><b>Girls Running Club (7-12 yrs)</b> 5:00-6:00</p> <p><b>Tennis Club (Adv.) (7-12 yrs)</b> 5:15-6:00</p>	<p><b>6U Soccer Practices (5-6 yrs)</b> 5:15-6:00</p>



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# WEDNESDAY

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<p><b>Jumping Jacks Gym (1-3 yrs)</b> 9:15-10:00 10:15-11:00 11:15-12:00</p>							
<p><b>Open Playgroup (1-5 yrs)</b> 12:00-1:00</p>	<p><b>Watercolor Wednesdays (3-5 yrs)</b> 3:00-3:45</p> <p><b>Storybook Science (4-6 yrs)</b> 4:00-4:45</p>	<p><b>Buildwave (5-12 yrs)</b> 4:15-5:00</p>			<p><b>Bitty Basketball (3-5 yrs)</b> 3:00-3:40</p> <p><b>Bitty Basketball (3-5 yrs)</b> 3:45-4:25</p> <p><b>Pre Storybook Ballet (3-5 yrs)</b> 4:30-5:15</p>	<p><b>Half Kick Soccer (3-5 yrs)</b> 1:30-2:15</p> <p><b>Tennis Club (3-5 yrs)</b> 3:00-3:45</p> <p><b>Born to Play Baseball (3-5 yrs)</b> 3:00-3:45</p> <p><b>Tennis Club (5-6 yrs)</b> 3:45-4:30</p> <p><b>Half Kick Soccer (3-5 yrs)</b> 3:45-4:30</p>	
		<p><b>Buildwave (5-12 yrs)</b> 5:15-6:00</p>	<p><b>Art of Cooking II (6-9 yrs)</b> 5:30-6:15</p> <p><b>Advanced Art of Cooking (8-12 yrs)</b> 6:30-7:15</p>	<p><b>Improv II (8-12 yrs)</b> 5:00-6:00</p>	<p><b>Storybook Ballet (5-7 yrs)</b> 5:30-6:15</p>	<p><b>Tennis Club (Beg.) (6-12 yrs)</b> 4:30-5:15</p> <p><b>Tennis Club (Adv.) (7-12 yrs)</b> 5:15-6:00</p>	<p><b>8U Girls Soccer Practices (7-8 yrs)</b> 5:00-6:00</p> <p><b>11U Boys Soccer Practices (9-11 yrs)</b> 6:00-7:00</p>



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# THURSDAY

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<p><b>Vamos a Saltar (1-3 yrs)</b> 9:15-10:00</p> <p><b>Jumping Jacks Gym (1-3 yrs)</b> 10:15-11:00</p> <p><b>Tumble Time (2-4 yrs)</b> 11:15-12:00</p>	<p><b>Sensory Art (1-3 yrs)</b> 9:15-10:00</p> <p><b>Paint &amp; Play (1-3 yrs)</b> 10:15-11:00</p> <p><b>Animal Art Education (1-3 yrs)</b> 11:15-12:00</p>						
	<p><b>Ultimate Craft Workshop (3-5 yrs)</b> 3:00-3:45</p> <p><b>Art with Loose Parts (3-5 yrs)</b> 3:30-4:15</p> <p><b>Fashion Design (5-7 yrs)</b> 4:00-4:45</p>		<p><b>Cocinar con Amigos (5-7 yrs)</b> 4:30-5:15</p>	<p><b>Minecraft Architecture (7-11 yrs)</b> 4:00-4:55</p>	<p><b>Kiddie Karate (3-5 yrs)</b> 4:30-5:10</p>	<p><b>Superhero Multi-Sports (3-5 yrs)</b> 1:30-2:15</p> <p><b>Little Lacrosse (3-5 yrs)</b> 3:00-3:45</p> <p><b>Tennis Club (3-5 yrs)</b> 3:00-3:45</p> <p><b>Tennis Club (5-6 yrs)</b> 3:45-4:30</p> <p><b>Tennis Club (Beg.) (6-12 yrs)</b> 4:30-5:15</p>	
<p><b>Tumble &amp; Cheer (6-10 yrs)</b> 6:15-7:00</p>	<p><b>Painting with the Masters (8-12 yrs)</b> 5:00-5:45</p>	<p><b>Improv (6-9 yrs)</b> 5:00-6:00</p>	<p><b>Junior Bake Off (6-8 yrs)</b> 5:30-6:15</p> <p><b>Great Hill House Bake-Off (8-12)</b> 6:30-7:15</p>	<p><b>Intro to Programming w/ Scratch (7-11 yrs)</b> 5:10-6:05</p> <p><b>3-D Printing Design (9-13 yrs)</b> 6:20-7:15</p>	<p><b>Kiddie Karate (3-5 yrs)</b> 5:15-5:55</p> <p><b>Beginner Karate (6-8 yrs)</b> 6:00-6:40</p> <p><b>Intermediate Karate (8-10 yrs)</b> 6:45-7:30</p>	<p><b>Fall Baseball (9-13 yrs)</b> 5:00-6:30</p> <p><b>Tennis Club (Adv.) (7-12 yrs)</b> 5:15-6:00</p>	<p><b>8U Boys Soccer Practices (7-8 yrs)</b> 5:00-6:00</p> <p><b>11U Girls Soccer Practices (9-11 yrs)</b> 5:00-6:00</p>



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# FRIDAY

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<p><b>Little Groove Music (3mo-4)</b> 9:30-10:10 10:15-10:55 11:00-11:40</p>	<p><b>Mundo de Colores (1-3 yrs)</b> 9:15-10:00</p> <p><b>Paint &amp; Play (1-3 yrs)</b> 10:15-11:00</p> <p><b>Mundo de Colores (1-3 yrs)</b> 11:15-12:00</p>					
<p><b>Ninja Warrior Training (3-5 yrs)</b> 1:30-2:10</p> <p><b>Ninja Warrior Training (3-5 yrs)</b> 3:00-3:40</p> <p><b>Get into Gymnastics (3-5 yrs)</b> 4:00-4:40</p>	<p><b>Open Art (1-5 yrs)</b> 1:00-3:00</p> <p><b>Art &amp; the Environment (3-5 yrs)</b> 3:00-3:45</p> <p><b>Science Explorers (3-5 yrs)</b> 4:00-4:45</p>	<p><b>Music Together (0-5 yrs)</b> 3:00-3:45</p> <p><b>Chess Club (Beg.) (5-7 yrs)</b> 4:15-5:00</p>		<p><b>Bitty Basketball (3-5 yrs)</b> 4:00-4:45</p>	<p><b>Half Kick Soccer (3-5 yrs)</b> 12:30-1:15</p> <p><b>Half Kick Soccer (3-5 yrs)</b> 3:45-4:30</p>	
<p><b>Get into Gymnastics (3-5 yrs)</b> 4:50-5:30</p> <p><b>Gymnastics I (6-10 yrs)</b> 5:40-6:20</p>		<p><b>Chess Club (Adv.) (7-12 yrs)</b> 5:15-6:00</p>		<p><b>6U Basketball Clinics (5-6 yrs)</b> 4:50-5:35</p> <p><b>8U Basketball Clinics (7-8 yrs)</b> 5:40-6:25</p>	<p><b>Pre-K Patriots Practice (4-6 yrs)</b> 4:30-5:15</p> <p><b>United Soccer Practices (Grades 3-6)</b> 5:30-6:55</p> <p><b>Friday Flag Football (7-12 yrs)</b> 5:30-6:30</p>	



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# WEEKEND

FALL 2023

ATHLETIC AND PROGRAM GUIDE

## SATURDAY

### MAIN ASSEMBLY

**Get into Gymnastics (3-5)**

9:00-9:40

**Get into Gymnastics (3-5)**

9:50-10:30

**Gymnastics I (6-10)**

10:40-11:20

**Gymnastics II (6-10)**

11:30-12:10

### ART ROOM

**Paint & Play (3-5 yrs)**

9:30-10:15

**Mundo de Cores (1-3 yrs)**

10:30-11:15

**Little Chefs (3-5 yrs)**

11:30-12:15

### TERSF

**6U Soccer Games (5-6)**

8:30 or 9:30 starts

**11U Girls Soccer Games (9-11)**

09:30

**8U Girls Soccer Games (7-8)**

10:30 or 11:30

**11U Boys Soccer Games (9-11)**

10:30 or 11:30

**Half Kick Soccer**

10:30-11:15

**United Soccer Games (8-12)**

10:30-3:30

**Half Kick Soccer**

11:15-12:00

**8U Boys Soccer Games (7-8)**

12:30, 1:30 or 2:30

**Half Kick Soccer**

12:00-12:45

**Half Kick Soccer**

12:45-1:30



## SUNDAY

### JOY ST

**Tennis Club (3-5)**

12:00-12:40

**Tennis Club (Beg.) (6-12)**

12:50-1:30

**Tennis Club (Adv.) (7-12)**

1:40-2:20

### CLEMENTE FIELD

**Patriots NFL Flag League (K-1st G)**

8:30-9:30

**Junior NFL Flag League (2nd-3rd G)**

9:00-10:30

**Senior NFL Flag League (3rd-4th G)**

10:00-11:30

**Pro NFL Flag League (5th-7th G)**

11:00-12:30

**Beginner Lacrosse (5-7)**

1:00-2:00



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# PROGRAM DESCRIPTIONS

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## FALL 2023

ATHLETIC AND PROGRAM GUIDE

**NOTE:** Participants must meet a program's minimum age requirement by September 1, 2023.

## ART

### Animal Art Education (1-3 yrs)

**Mondays, Thursdays | 11:15am**

In this art class, students will focus on a different animal each week, learning about what makes them special like where they are from and what they eat. After learning about the animal, students will create an art project inspired by the animal, merging zoology with creating!

### **NEW** Art & the Environment (3-5 yrs)

**Fridays | 3:00pm**

Get artsy while saving the planet! You won't believe the treasures we'll create out of often-overlooked household items. We'll also create sculptures from nature as well as introduce different art techniques. Creating art while learning about our environment is the way of the future!

### **NEW** Art with Loose Parts (3-5 yrs)

**Thursdays | 3:30pm**

Grab your curious creator and get ready to build some skills! This class will teach the importance of problem solving through various materials. It will also be an introduction to 3D art and sculptures through fun projects.

### Clay Creations (3-5 yrs)

**Mondays | 4:30pm**

This class will encourage your young artist to expand their creativity and explore the world of clay making both practical and decorative art. These projects will encourage each student to

bring their creativity to life in 3D! Get ready to mold some magic!

### Fashion Design (5-7 yrs)

**Thursdays | 4:00pm**

Get ready to explore the world of fashion! From creating your own textiles to sewing up cool outfits, you will learn the ins and outs of what's in and what's out. This class will focus on the basics of hand sewing, color, fashion illustration, and textiles. Participants will create outfits for their favorite dolls or stuffed animals, learn to create fun and interesting patterns, and create a fashion portfolio of their dream outfits. Unleash your inner fashionista in this exciting new class.

### **NEW** Little Printmakers (3-5 yrs)

**Tuesdays | 3:00pm**

Join us for Little Printmakers where artists will begin exploring textile arts, printmaking and book binding. This class will allow preschoolers to explore a field of art full of creativity and driven by their interests. Join us to create stamps and magical pieces to take home.

### **NEW** Mini Monets (3-5 yrs)

**Mondays | 3:30pm**

Wade into the art world and its most popular mediums: paint, clay, watercolors and solids. Mini Monets will focus on pre-school related themes, activities and developmental goals. Participants will develop visual and fine motor skills, practice sequencing and arranging, gain a more detailed awareness of colors, shapes, shades, textures and practice healthy decision-making techniques.

### **NEW** Mixed Media Art (8-12 yrs)

**Tuesdays | 5:00pm**

Mixed Media Art will use various artistic mediums to inspire their vision and imagination. We will explore line, color, texture, shape and pattern through two-dimensional art projects; and develop our three-dimensional senses through sculptures in various materials and styles. This class provides children with inventive art instruction and projects that will bring to life the wonderful world of creative expression. This is an advanced (8-12 year olds) art class.



### Mundo de Colores (1-3 yrs)

**Mondays | 11:15am**

**Fridays | 9:15am, 11:15am**

**Saturdays | 10:30am**

Art projects and crafts will help your little one learn simple Spanish words and phrases. With interactive activities and songs included, your child will become more comfortable with the Spanish language. Mundo de Colores promotes development of hand-eye coordination, visual and fine motor skills, sequencing and arranging abilities. While getting messy and creative, young artists will start to become aware of different colors, shapes, shades, and textures.

### Paint & Play (1-3 yrs)

**Mondays | 9:15am**

**Tuesdays, Thursdays, Fridays | 10:15am**

**Saturdays | 9:30am**

Join us for a hands-on, messy class letting your child create and play through different types of art! They will interact with other children through dramatic and pretend play by using various textures, materials, and mediums. Come ready to explore the world of art!

### **NEW** Painting with the Masters (8-12 yrs)

**Thursdays | 5:15pm**

This class will combine art techniques with art history while looking at different master artists' oeuvres d'art (works of art). Explore Monet, Van Gogh, Picasso, Duchamp, Dalí, Pollock, Warhol as we travel through time while creating our own masterpieces. This is an advanced (8-12 year olds) art class.



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### Preschool Picasso (3-5 yrs)

Tuesdays | 3:30pm

Wade into the art world and its most popular mediums: paint, clay, watercolors, and solids. Pre-School Picasso will focus on pre-school related themes, activities, and developmental goals. Participants will develop visual and fine motor skills, practice sequencing and arranging, and gain a more detailed awareness of colors, shapes, shades, and textures.

### Sensory Art (1-3 yrs)

Mondays | 10:15am

Tuesdays, Thursdays | 9:15am

Come and explore through various modes of sensory play. Each week we will introduce new materials and activities to help engage our little ones' minds through textures, touch, sight, sound, and movement. Sensory play is a wonderful opportunity to play, explore, learn, and to create in a fun process-based environment.

### Stuffed Animal Art (5-7 yrs)

Tuesdays | 4:00pm

This class is for students looking to learn how to create with a needle and thread as well as some basics of knitting with the ultimate goal of creating stuffed animals while gaining skills useful for other crafts too.

### NEW Ultimate Crafts Workshop (3-5 yrs)

Thursdays | 3:00pm

Join us in creating art projects with weekly fun themes! This interactive class will allow your child to explore new art techniques while creating something unique to bring home. By definition, crafting is creating and making things by hand, so get ready to get messy and craft with us in the Ultimate Craft Workshop.

### NEW Watercolor Wednesdays (3-5 yrs)

Wednesdays | 3:00pm

Watercolor can be one of the easiest or most demanding materials in an artist's arsenal. Here, we will take a step-by-step approach to working with it most effectively so that each and every student can feel confident in their ability to work in this medium. We will start by working in small format and finish with one large painting. Inspiration images and group brainstorming will be a part of this creative and fun class.

## BASEBALL

### Born to Play Baseball (3-5 yrs)

Mondays, Wednesdays | 3:00pm

Thursdays | 3:45pm

Sundays | 9:30am

Introduce your child to America's favorite pastime through this beloved Hill House class. Your future big leaguer will learn the fundamentals of baseball through fun games and activities. Our knowledgeable and supportive coaches will lead weekly sessions that cover the basics of hitting, throwing, fielding, and base running. Whether or not they have familiarity with baseball, this class promises to keep them active and smiling!

### T-Ball Clinics (5-6 yrs)

Mondays | 4:00pm

Graduate from our Red Sox Rookie League and have your player join their first Hill House team! These fun introductory clinics still covers the basics, but exposes players to formalized game play, the rules, and processes of America's pastime.

### AA Baseball Clinics (7-8 yrs)

Mondays | 4:45pm

Hill House Little League's AA division is welcome to 7-8-year-olds of all experience levels. All development curriculum will be designed by our professional staff to ensure the fundamentals are learned through fun, fast and active games.

### Baseball Batting Practice (9-12 yrs)

Mondays | 5:30pm

Hitting, hitting, and more hitting! In this program we will focus on improving each batter's swing focusing on stance, timing, swing path, and much more through tee work and live pitching.

### Fall Baseball (9-12 yrs)

Thursdays | 5:00pm

For all our AAA and Majors players looking to get out on the diamond before the cold of winter sets in! Join our fantastic Majors coaches and volunteers as they continue to develop your skills learned from the spring.

## BASKETBALL

### Bitty Basketball (3-5 yrs)

Mondays, Fridays | 4:00pm

Wednesdays | 3:00pm, 3:45pm

Learn the fundamentals of basketball with our patient, creative instructors. Participants will learn skills and techniques through simple, fun games and activities. Kids will learn proper dribbling and shooting methods. Not only do they have more fun than those who don't play, but Bitty Basketballers are also better prepared for our 6U Basketball League when they're the right age.

### 6U Basketball Clinics (5-6 yrs)

Mondays, Fridays | 4:50pm

The 6U instruction-based clinics continue youngsters on the fundamentals of basketball in a fun, semi-competitive setting. The first three weeks will focus on skills, sportsmanship and the basics of the game then subsequent weeks include actual basketball games. Our instructors will teach the basics of offensive and defensive play while continuing to focus on good dribbling, passing, shooting and rebounding techniques.

### 8U Basketball Clinics (7-8 yrs)

Mondays, Fridays | 5:40pm

If you count down the days until the start of Hill House's winter basketball season—this is the ideal class for your player! Fun games, drills and scrimmage time will take your child's play to the next level, all with a smile on their face!

## CHESS

### Chess Club Beginner (5-7 yrs)

Fridays | 4:15pm

This class is an introduction to the rules and general play of the game of chess. Participants will learn basics and fundamental strategies. Level dependent, they will have the chance to play games against other students. By the end of the semester, players will have the knowledge to fully enjoy the game of chess!



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## FALL 2023

ATHLETIC AND PROGRAM GUIDE

### Chess Club Advanced (7-12 yrs)

**Fridays | 5:15pm**

This class is geared towards students who already know chess basics. This class will concentrate on specific offensive and defensive strategies with less review of fundamentals. Students will be able to play each other as well as their instructor to practice their skills and learn.

## COOKING

### Advanced Art of Cooking (8-12 yrs)

**Wednesdays | 6:30pm**

Now we're cooking! Older kids who want to continue to learn and build on their love of creating amazing food, Advanced Art of Cooking is for them! Learn more difficult techniques under close supervision. Lots of fun, food, and laughs will be had for our budding master chefs! Participants will work in a supportive and super fun atmosphere while learning to make favorites and new culinary treats. In addition to taking home their masterpieces, children will also create their own cookbooks to take home at the end of the semester.

### Art of Cooking II (6-9 yrs)

**Tuesdays | 6:00pm**

**Wednesdays | 5:30pm**

For the slightly older chef, this next level class will continue to inspire your little one's love of creation with food. Create tasty snacks and meals while also building on listening skills, following directions, and teamwork in the kitchen. Participants will work in a supportive and super fun atmosphere while learning to make favorites and new culinary treats. In addition to taking home their masterpieces,

children will also create their own cookbooks to take home at the end of the semester.

### Cocinar con Amigos (5-7 yrs)

**Tuesdays | 5:00pm**

**Thursdays | 4:30pm**

Join us in the kitchen for a sizzling class all about the colorful culture and delicious foods of Latin America! While strengthening their Spanish vocabulary, students will learn safe kitchen practices as they create classic dishes that range from familiar to exotic. Please note: this is a drop-off class.

### Great Hill House Bake Off (ages 8-12 yrs)

**Thursdays | 6:30pm**

This class is geared towards older kids who wish to take baking to the next level. Students will bake in this drop-off class to create wonderful bakes and learn how they can improve their skills and techniques in a collaborative experience, with instructor guided lessons, just like they're in a cooking T.V. show!

### **NEW** Junior Bake Off (6-8 yrs)

**Thursdays | 5:30pm**

This class is geared towards younger kids who wish to start their baking experience. Students will bake in this drop-off class to create wonderful bakes and learn how they can improve their skills and techniques in a collaborative experience, with instructor guided lessons, just like they're in a cooking T.V. show!

### Little Chefs (3-5 yrs)

**Saturdays | 11:30am**

Join us in the kitchen in this introductory class as we create delicious mini meals, desserts and healthy snacks. The goal of this class is to let

kids get hands on time in the kitchen while becoming more aware of kitchen safety, food groups and what they can create!

## DANCE

### Pre-Storybook Ballet (3-5 yrs)

**Wednesdays | 4:30pm**

Build your dancer's coordination and knowledge of ballet with this sweet ballet class for preschoolers! Stories and games will be used to encourage your bitty ballerina's imagination as they learn some ballet basics and encourage socialization creative play at this young age. Please note: This is a drop-off class in which tutu's are welcome but not required.

### Storybook Ballet (5-7 yrs)

**Wednesdays | 5:30pm**

Storytelling and pre-ballet instruction combine to create fairy tale-inspired classes full of adventure and fun. Proper classroom etiquette gives children a foundation for learning ballet basics. Join us for one of our most popular Hill House dance classes! Please note: this is a drop-off class.

## FENCING

### Beginner Epee Fencing (5-12 yrs)

**Mondays | 4:30-5:15pm**

Participants will be introduced to the rules of the sport, specifically the style of Epee Fencing. Instructors will demonstrate basic footwork, basic attacks and preparations for attacks and defenses. Our weekly meetings will include practicing each of these introductory techniques. The beginner course touches upon common technical fencing terms such



as piste, parry, riposte, etc. Safety in fencing is emphasized throughout the course. After taking a year of fencing at the beginner level, students will be considered for the intermediate level.

### Intermediate Foil Fencing (5-12 yrs)

**Mondays | 5:30-6:15pm**

Participants will be introduced to the rules of the sport, the parts of the foil, how to hold the foil and the on-guard stance. Instructors will demonstrate basic footwork, the target area for foil, basic attacks and preparations for attacks and defenses. Our weekly meetings will include practicing each of these introductory techniques. The beginner course touches upon common technical fencing terms such as piste, parry, riposte, etc. Safety in fencing is emphasized throughout the course. After taking a year of fencing at the beginner level, students will be considered for the intermediate level.



127 Mount Vernon St.  
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[www.hillhouseboston.org](http://www.hillhouseboston.org)

**REGISTRATION**

Opens May 23 for members,  
May 25 for non-members.

**PROGRAMS START**

Tuesday, September 5

# PROGRAM DESCRIPTIONS

All programs run for 10 weeks at 45 minutes unless otherwise noted.

## FALL 2023

ATHLETIC AND PROGRAM GUIDE

### Advanced Intermediate Fencing (7-12 yrs)

**Mondays | 6:30-7:15pm**

This program builds upon all beginner instruction and is most valuable when taken after the completion of one year of Beginner Fencing and the Intermediate Fencing courses. Safety and sportsmanship, as always, are emphasized throughout the program. Compound attacks and technical terms associated with more advanced fencing moves will be introduced as students develop technique and understanding of the sport. If time allows, members of the class will participate in bouts: practicing with electrical fencing equipment. This practice will allow fellow students to learn score-keeping and refereeing. If students consistently continue with this program, they will have the chance to compete in a fencing tournament that follows the US Fencing guidelines.

## FITNESS FUN & GYMNASTICS

### Get into Gymnastics (3-4 yrs)

**Fridays | 4:00-4:40pm**

**Saturdays | 9:00-9:40am**

### Get into Gymnastics (5-6 yrs)

**Fridays | 4:50-5:30pm**

**Saturdays | 9:50-10:30am**

Aged out of Jumping Jacks but loved the rolls, balance beams, and bars? Take the next step and join us in the Firehouse in this fun introductory class! By the end of the program your little one will be able to demonstrate a variety of gymnastic skills and have fun doing it!

### Gymnastics I (6-10 yrs)

**Fridays | 5:40-6:20pm**

**Saturdays | 10:40-11:20am**

For those who are a bit older and looking to take a more advanced gymnastics class, join us in this class geared towards older gymnasts! By the end of the program your child will be able to demonstrate a variety of gymnastic skills and have fun doing it!

### Gymnastics II (6-10 yrs)

**Saturdays | 11:30am-12:10pm**

This next level of gymnastics is great for students who have participated in 'Get into Gymnastics' as well as 'Gymnastics I.' This class continues your gymnast's development by focusing on handstand walks, cartwheels, round offs, back hip circles, and more! Help enhance your child's strength, flexibility, and self-esteem in this fun and supportive class environment!

### Jumping Jacks Gym (1-3 yrs)

**Tuesdays, Thursdays | 10:15am**

**Wednesdays | 9:15am, 10:15am, 11:15am**

Toddlers will be introduced to a play environment that encourages sharing, basic socialization, discovery, balancing, coordination, tumbling and hanging. Engaging gym and play equipment will aid toddlers in developing gross motor skills and an improved spatial awareness of their bodies as well as a love of physical activity and recreational play. Teacher led songs, games and parachute play will introduce structure, provide routine, and promote focus.

### Ninja Warrior Training (3-5 yrs)

**Fridays | 1:30pm, 3:00pm**

This fun active 'training' will work on skills such as balance, power, speed and agility; turning all participants into future Hill House 'Ninja Warriors!' There will be new obstacle courses each week to test our participants and help strengthen their ninja skills!

### Superhero Multi-Sports (3-5 yrs)

**Tuesdays, Thursdays | 1:30pm**

Become a superhero with Hill House! Each week players take on different sports and learn new superpowers. Whether they're learning super kicks to stop soccer villains, or blasting baseballs into outer space, players will be honing their powers and experiencing all our favorite sports here at Hill House. Give your future superhero a chance to find their favorite sport and keep that passion going with us for yrs to come.

### Tumble & Cheer (6-10 yrs)

**Thursdays | 6:15pm**

This class will focus on skills for tumbling for cheerleading such as rolls, dive rolls, walkovers, cartwheels, splits, and more! In addition to your child learning and improving their tumbling skills, they will have the opportunity to explore new cheers and choreographed dances! Welcoming all skill levels and abilities

### Tumble Time (2-4 yrs)

**Tuesdays, Thursdays | 11:15am**

If you loved Jumping Jacks Gym but are ready for more, have we got a class for you! Tumble Time is structured for older toddlers and preschoolers to develop basic tumbling, motor and socialization skills and positive personality traits including confidence and self-esteem. Tumble Time activities incorporate coordination, strength, flexibility and balance. Parent/caregivers interact with their child and assist in this class.

## FLAG FOOTBALL

### Friday Flag Football (7-12 yrs)

**Fridays | 5:30pm**

End your week with some backyard flag football at Hill House! Work on honing your skills for next fall's Boston NFL Flag Football League, or jump in to begin learning the game in a fun and safe environment with our awesome Hill House athletics coaches.

### NFL Flag Football – Patriots Rookie League (K-1st grade)

**Sundays | 8:30am**

The Patriots Developmental League will be run for K through grade 1 players. This program will focus on properly teaching the fundamentals and work towards informal gameplay to prepare these new players for teamplay in future seasons. Hill House staff coaches will create a fun and supportive environment, exposing players to the basics of both offensive and defensive play.



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## FALL 2023

ATHLETIC AND PROGRAM GUIDE

### NFL Flag Football - Junior League (2nd-3rd grade)

Sundays | 9:00am

The Junior League will be offered for grade 2 and grade 3 players. This program will introduce formal games and continue development of the fundamentals for all players. Volunteer coaches will lead teams through a regular schedule of games that ends with a fun and competitive tournament to find our Junior League champion. Sessions will include a half hour practice before games.

### NFL Flag Football - Senior League (4th-5th grade)

Sundays | 10:00am

The Senior League will be offered for grade 4 and grade 5 players. This program will introduce formal games and continue development of the fundamentals for all players. Volunteer coaches will lead teams through a regular schedule of games that ends with a fun and competitive tournament to find our league champion. Sessions will include a half hour practice before games.

### NFL Flag Football - Pro League (6th-8th grade)

Sundays | 11:00am

The Pro League will be offered for grade 7 and grade 8 players. This program will introduce formal games and continue development of the fundamentals for all players. Volunteer coaches will lead teams through a regular schedule of games that ends with a fun and competitive tournament to find our league champion. Sessions will include a half hour practice before games.

### Pre-K Patriots Practice (4-6 yrs)

Fridays | 4:30pm

Pre-K Patriots Practice introduces children to the game of flag football through drills and scrimmages. In Pre-K Patriots, children will learn the fundamental skills necessary to excel in football and will receive instruction designed to improve their speed, agility, and overall athleticism. The program promises exercise and instills good sportsmanship and teamwork. These clinics are separate from the Boston NFL Flag Football League that runs on Sundays.

## FOREIGN LANGUAGE

### ABC Spanish in Motion (0-5 yrs)

Mondays | 9:30am, 10:30am

This is a fun and interactive class where parents, caregivers, and educators sit with their children to explore the Spanish-language, music, and Latin-American culture. This class is perfect for parents with multiple children of varying ages. Children are exposed to Spanish through songs that create an environment that allows for long periods of listening and exposure, coupled with call-and-response interactivity requiring physical movement. Parents receive a copy of our own music heard in class to enjoy in the car and at home. Games, songs, books, sign language, puppets, parachutes, and toys of class cultivate curiosity and will stimulate children in rewarding ways. This language adventure can take them for a ride on a train (parachute) through the countries of the Americas, or simply popping burbujas (bubbles) in the bath tub with patos (ducks) and ranas (frogs). If your child likes jumping, dancing, and singing this is the perfect class!

### Vamos a Saltar (1-3 yrs)

Tuesdays, Thursdays | 9:15am

Nurture your child's love of movement with his or her amazing capacity to learn new languages in Jumping Jacks Gym en Espanol. Learn the words for motions and body parts while singing songs and playing games in our amazing play space, all in Spanish.

## KARATE

### Beginner Karate (6-8 yrs)

Tuesdays | 5:05pm

Thursdays | 6:00pm

Beginner Karate focuses on rule-play and trusting that three basic rules will ensure a safe martial arts experience! Children will learn the most basic dojo (training hall) etiquette: how to bow and how to listen with their eyes. Attentive practice will keep students aware of their surroundings and fellow students as they begin to learn the basics of sparring in relation to defending themselves. Raising their hand to speak or demonstrating the Statue of Liberty gives them a lot of power and a voice in the class.

### Intermediate Karate (8-10 yrs)

Tuesdays | 5:50pm

Thursdays | 6:45pm

At this level, with some practice under their belt, students know that the rules are in place to protect them. Respect has taught them caution. Participants understand eye-contact as a method of communication. At this level, students will continue to practice sparring and the benefits of self-defense as they begin to earn stripes and different color belts and practice goal setting and obtainment.

### Kiddie Karate (3-5 yrs)

Tuesdays | 3:30pm, 4:20pm

Thursdays | 4:30pm, 5:15pm

Preschool-age children will benefit from exciting experiences with peers while encouraging motor skill coordination, concentration, and self-confidence as they are introduced to the character and fundamentals of karate. Uniforms can be purchased on the first day of class from the instructor.

## LACROSSE

### Beginner Lacrosse (5-7 yrs)

Sundays | 1:00pm

Learn the basics of this fast-paced and fast-growing sport. Expert instruction will introduce children to basic skills and play fun games. Softer equipment and no contact allowed for skill building in a safe environment.



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### Little Lacrosse (3-5 yrs)

Tuesdays, Thursdays | 3:00pm

Through energetic games and age-appropriate activities, participants will learn the basic fundamentals of Lacrosse. The primary goal of Little Lacrosse is to encourage further participation in Lacrosse by introducing the game in the most fun and engaging way possible.

## MUSIC

### Canta y Baila (0-5 yrs)

Mondays | 2:30pm

Hill House is excited to have GroovyBabyMusic join us with their high-quality, research-based, music & movement program, Canta y Baila: Viva la Musica en Español! If you are either a native speaker or an enthusiastic learner, join us for this acclaimed Research-based Music & Movement class, combining music learning with language immersion! This class will be led by Certified teachers who are professional musicians & native speakers. Tuition includes Music Packet of Songbook, CD, Parent Guide outlining the research behind the program, and access to App for Downloads so you can rock out at home. To ensure the safety of our participants and instructors, it is required to purchase or rent your own Instrument Set to participate in this class.

### Little Groove (0-5 yrs)

Tuesdays, Fridays | 9:30am, 10:15am, 11:00am

These music classes are designed to help infants, toddlers, and preschoolers learn and interact through sound, sight, and touch in a live music setting. Children enjoy using their bodies and voices to sing along to catchy songs that help them build important motor



and social skills. They will also have fun using real instruments such as drums, shakers, and tambourines. Children also interact with puppets, bubbles, balls, pom poms, building blocks, and one large parachute!

### Music Together (0-5 yrs)

Fridays | 3:00pm

Hill House is excited to have GroovyBabyMusic join us with their high-quality, research-based, music & movement program, Music Together! This Acclaimed Research-based Music & Movement class, with certified teachers who are professional musicians, will have your child singing, dancing, moving, and grooving! Tuition includes Music Packet of Songbook, CD, Parent Guide outlining the research behind the program, and access to App for Downloads so you can rock out at home. To ensure the safety of our participants and instructors, it will be required to purchase or rent your own Instrument Set to participate in this class.

## RUNNING

### Girls Running Club (6-12 yrs)

Tuesdays | 5:00pm

Come join our fantastic girls athletics staff as they help lead new and experienced runners alike through a fun, bonding, and energetic experience together as a club. Whether by fun drills or team bonding exercises, these sessions will help our girls prepare to complete a fun 5k towards the end of our season.

## SOCCER

### Half Kick Soccer (3-5 yrs)

Mondays | 1:30pm

Wednesdays | 1:30pm, 3:45pm

Fridays | 12:30pm, 3:45pm

Saturdays | 10:30am, 11:15am, 12:00pm, 12:45pm

Through energetic games and age-appropriate activities, participants will learn basic dribbling, passing and shooting skills in addition to the most basic rules of soccer. The primary goal of Half Kick is to encourage further participation by making soccer fun and engaging.

### Revs Rookie League (4 yrs)

Tuesdays | 4:15pm

Start your player's journey in Hill House's renowned in-house soccer program with the Revs Rookie League! This league provides a supportive and rewarding environment that emphasizes fun, teamwork, and skill-building at a level that fits his or her interest and ability.

### 6U Soccer League (5-6 yrs)

Tuesday Practices | 5:15pm

Saturday Games | 8:30am, 9:30am

Hill House's renowned in-house fall soccer

leagues give players the opportunity to play soccer in a supportive and rewarding environment that emphasizes fun, teamwork and skill-building at a level that fits his or her interest and ability.

### 8U Girls Soccer League (7-8 yrs)

Wednesday Practices | 5:00pm

Saturday Games | 10:30am, 11:30am

Hill House's renowned in-house fall soccer leagues give players the opportunity to play soccer in a supportive and rewarding environment that emphasizes fun, teamwork, and skill-building.

### 8U Boys Soccer League (7-8 yrs)

Thursday Practices | 5:00pm

Saturday Games | 12:30pm 1:30pm, or 2:30pm

Hill House's renowned in-house fall soccer leagues give players the opportunity to play soccer in a supportive and rewarding environment that emphasizes fun, teamwork, and skill-building.

### 11U Girls Soccer League (9-11 yrs)

Thursday Practices | 5:00pm

Saturday Games | 9:30am

Develop your soccer player's skills though age and ability specified coaching. Players will learn both individual skills and team concepts during practice and the meet to compete for the championship though weekly games on Saturday mornings. 11U players will be divided into teams and coached by Hill House coaches and volunteers. The specially designed curriculum will target all the skills and development needed for players of this age. Coaching will ensure that fun, enjoyment, and teamwork are emphasized just as much as skills and drills.



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ATHLETIC AND PROGRAM GUIDE

### 11U Boys Soccer League (9-11 yrs)

Wednesday Practices | 6:00pm

Saturday Games | 10:30am, 11:30am

Develop your soccer player's skills through age and ability specified coaching. Players will learn both individual skills and team concepts during practice and the meet to compete for the championship through weekly games on Saturday mornings. 11U players will be divided into teams and coached by Hill House coaches and volunteers. The specially designed curriculum will target all the skills and development needed for players of this age. Coaching will ensure that fun, enjoyment, and teamwork are emphasized just as much as skills and drills.

### United Foot Skills Clinic (8-12 yrs)

Mondays | 4:00pm

Held on Mondays in the fall and spring seasons, these clinics are open to all Hill House Boston United players and practice squad members and will be focused on ball manipulation and increasing technical skills. Every player will have a soccer ball and the emphasis will be on getting as many touches on the ball as possible while building up the complexity of skill each week. Each clinic will finish with small, sided games where new skills will be encouraged to be used in a game situation. These clinics will be directed by United staff coaches.

### United Soccer Practices (8-12 yrs)

Fridays | 5:30pm

Hill House United is a travel soccer program for advanced players looking to learn and compete at a higher level. Teams compete in the Boston Area Youth Soccer League and

play other local travel teams. Playing requires a significant commitment due to the travel involved. All travel is limited to the Greater Boston area.

- Team practices are Fridays 5:30-6:55pm at the Teddy Ebersol Red Sox Fields.
- Game schedules for Saturdays will be distributed preceding each season.
- The fall season runs from the beginning of September up until Thanksgiving.
- The spring season then resumes at the start of April and is completed mid-June.
- Players must have tried out and been accepted to the team before registering. All players will receive a full kit including a jersey, shorts, and socks.

## STEM

### 3D Printing Design (9-13 yrs)

Thursdays | 6:05pm

Design intricate 3D-printable objects using BlocksCAD, a free online program developed here at Einstein's Workshop! Our easy-to-learn software makes coding and 3D design as simple as dragging and dropping blocks of editable code. Each block modifies 3D shapes to create models unique to your style. Develop an intuitive understanding of coordinate geometry while turning your imagination into reality. At the end of the course, you can pick one of your creations to be printed on Einstein's Workshop's 3D printers and taken home!

### Buildwave (5-12 yrs)

Wednesdays | 4:15pm, 5:15pm

Want to foster your child's interest in STEM, while igniting their creative spark at the same time? Students create with over a dozen different building materials, including Lego®, PlusPlus®, and custom-made Buildwave materials. Structured like a video game, classes feature an audiovisual setup highlighting animations and music that guide students through the different building waves. As your child creates with wave after wave of new objects, they build creative confidence, become better collaborators, and encounter design and engineering fundamentals in a unique and memorable context.

### Being Newton: Fun with Physics (7-9 yrs)

Mondays | 6:05pm

Students enjoy entertaining and educational science experiments to gain an understanding of Physics including Newton's First, Second, and Third Laws of Motion, Newton's Law of Gravity, and more. They'll build boats and rockets, make and play with marble runs and catapults, and tackle many other fun physics projects.

### Intro to Electronics: Fun with Circuits

(5-7 yrs)

Mondays | 3:45pm

In this hands-on class, students learn the basics of electronics and the principles of circuitry. Students bring their learning to life by making motors spin, lights shine, and speakers blare! By the end of class, students will get to take home a flashlight they built from genuine electrical components.

### **NEW** Intro to Programming with Scratch (7-11 yrs)

Thursdays | 6:20pm

Learn basic concepts of programming using the incredibly popular programming environment, Scratch, developed by MIT. Scratch is a "block based" programming language where students learn to program by snapping together digital blocks of code. Animate stories and create simple game mechanics. No previous programming experience required!

### **NEW** LEGO Junior Engineers/Robotics (5-7 yrs)

Mondays | 4:55pm

New to LEGO robotics? Then this is the class for you! Students investigate motorized LEGO models and learn about gears, belts, and motors. After building each model, students solve challenges that exercise their creativity and problem-solving skills in addition to improving their understanding of how machines work! Robotics focuses on two core elements: Engineering and Programming. Students begin their robotics exploration using familiar tools like LEGO. They learn about gears, belts, motors, and movement. They also learn how to program their creations to perform simple tasks. As they grow, students are encouraged to think outside the box and build unique solutions to solve problems.



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ATHLETIC AND PROGRAM GUIDE

### Minecraft Architecture (7-11 yrs)

Thursdays | 4:00pm

Minecraft is more than just a game, it is a creative tool that allows players to create and experience feats of engineering, amazing structures, and epic works of art. Tour the Parthenon! Be awed by Notre Dame's beauty! Will you be fooled by the false tomb or find the real one in the Taj Mahal? With an inspired mind, design and build a Wonder of the World. Working together, students learn the meaning of good digital citizenship.

### Science Experiment Explorers (3-5 yrs)

Tuesdays | 4:30pm

Fridays | 4:00pm

Start your curious scientist with this exploration into STEM experiments. Students will get to learn how clouds are formed and watch a rainstorm in a bottle! Get the chance to see what happens when vinegar and baking soda combine and discuss density as we see which objects sink or float and delight as colors dance as they pass through a prism. Look forward to getting your hands messy as we explore STEM!

### Storybook Science (4-6 yrs)

Wednesdays | 4:00pm

Begin your child's exploration into STEM through a fun, story based exploration of engineering and much more. Solve problems and test out "what ifs" from your favorite childhood stories. With different stories and age appropriate tasks each week your little one will be amazed what they can achieve!

## TENNIS

### Tennis Club

3-4 yrs

Mondays, Tuesdays, Wednesdays, Thursdays | 3:00pm

Sundays | 12:00pm

5-6 yrs

Mondays, Tuesdays, Wednesdays, Thursdays | 3:45pm

### Beginner Tennis—6-12 yrs

Mondays, Tuesdays, Wednesdays, Thursdays | 4:30pm

Sundays | 12:50pm

### Advanced Tennis—7-12 yrs

Mondays, Tuesdays, Wednesdays, Thursdays | 5:15pm

Sundays | 1:40pm

Grab your racquet and join us on the Boston Common to continue growing your game! Open to beginner and strong players alike as the individual attention from the instructor will challenge players at their own level. Places will be limited for this class which will develop each player's "love" for tennis. Players will need to provide their own racquets.



## THEATRE

### Improv (6-9 yrs)

Thursdays | 5:00pm

Join us for our new and creative class where your participant can use their energy, have fun, and learn all about Improv! Throughout this class students will explore the improv basics of teamwork, listening, and scene-building through exercises and engaging games! All experience levels are welcome!

### **NEW** Improv II (8-12 yrs)

Wednesdays | 5:00pm

This class is the second option for improv students at Hill House. To join this class you must have approval from the instructor or be within the correct age range. Join us for a creative class where your participant can use their energy, have fun, and learn all about Improv! Throughout this class students will explore the improv basics of teamwork, listening, and scene-building through exercises and engaging games! All experience levels are welcome!

### Musical Theatre & Arts Combo (6-9 yrs)

Tuesdays | 5:15pm

Have fun with the art of musical theatre, set, and costume design. The first part of this class will be spent in our Performance Hall (the Main Assembly Room, of course!) learning lines and songs, blocking, and choreography. Next, participants will travel up to the art room where they'll work to create backdrops, props, and other inspired works of art to complement their theatrical work. This class culminates in a final performance worthy of a Tony Award!

## VOLLEYBALL

### Girls Volleyball Club (6-12 yrs)

Tuesdays | 4:00pm

Welcome to beginner level players of all listed ages-- join us on the Boston Common as we learn the basics of volleyball in this brand new program! Proper fundamentals, ball control and body positioning will all be instilled as we run drills to help players solidify the rules of the sport as they practice setting and scoring out on the fields.

### Girls Volleyball Club (6-8 yrs)

Mondays | 4:30pm

Join us on the Boston Common as we learn the basics of volleyball in this brand new program! Proper fundamentals, ball control and body positioning will all be instilled as we run drills to help players solidify the rules of the sport as they practice setting and scoring out on the fields.

### Girls Volleyball Club (9-12 yrs)

Mondays | 5:15pm

Join us on the Boston Common as we expand on what we learned in the 6-8 or beginner sections of Hill House volleyball in this fun outdoor program! Next level fundamentals, ball control and body positioning will all be instilled as we run drills to help players solidify the rules of the sport as they continue to practice setting and scoring out on the fields.

*Interested in a class or class time that we don't offer? We maintain lists of member opinions and suggestions, and will add new classes based on interest. Please share your thoughts and ideas!*



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FALL 2023

# ATHLETIC AND PROGRAM GUIDE

## WHO WE ARE

Each season, Hill House administrators, instructors, board members and volunteers work together to fund and execute athletics, programs and service activities in order to meet the diverse social, educational, cultural and recreational needs of individuals and families residing in Boston's downtown neighborhoods. Through quality programs, collaborative partnerships and volunteer support, our organization seeks to build and foster a strong sense of urban community and improve the quality of life for residents of all ages.



## THIS SEASON AT-A-GLANCE

- September 4**  
Hill House Closed  
Labor Day
- September 5**  
Fall programs begin
- September 19**  
Winter Basketball  
registration members
- September 21**  
Winter Basketball  
registration nonmembers
- October 3**  
Winter registration members
- October 5**  
Winter registration  
nonmembers
- October 9**  
Hill House Closed  
Indigenous Peoples Day
- October 20**  
Fall Fundraiser
- November 1**  
Flag Football (2024 season)  
early-bird registration

## MEMBERSHIP—\$150/YEAR

**Did you know** that if your family registers for 3 programs each year, a Hill House Membership pays for itself? Hill House Members are invited to spend Snow Days at the Firehouse, can register early for programs at a reduced rate and are able to participate in free art and playgroup programs.

**CALL** | 617-227-5838, x102

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**VISIT** | hillhouseboston.org

## QUESTIONS?

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## REGISTRATION

Opens May 23 for members,  
May 25 for non-members.

## PROGRAMS START

Tuesday, September 5