# SPRING 2021 ATHLETICS & PROGRAM GUIDE

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**REGISTRATION OPENS:** February 9 for members, February 11 for non-members

PROGRAMS START: Week of March 15



127 Mount Vernon St. Boston, MA 02108 (617) 227-5838









# MONDAY

ART ROOM	BOSTON COMMON	JOY STREET	ONLINE	SEMI-PRIVATE PODS AVAILABLE
Animal Education Art (3-5 years) 10:15-11:00				Inquire with staff to schedule, 617-227-5838
Science Experiment Explorers (3-5 years) 3:15-4:00 Science Experiment Explorers (3-5 years) 4:15-5:00	Half Kick Soccer (3-5 years) 1:30-2:15 Half Kick Soccer (3-5 years) 2:15-3:00 United Soccer Footskills 4:00-5:00	Bitty Basketball (3-4 years) 3:30-4:15 6∪ Basketball (6-7 years) 4:15-5:00	Intro to Chess (4-6 years) 3:15-4:00 Intermediate Chess (7-10 years) 4:00-4:45	
	Majors Baseball (11-13 years) 5:00-7:00	8U Basketball Clinics (7-9 years) 5:00-6:00		



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# TUESDAY

ART ROOM	TERSF	<b>BOSTON COMMON</b>
Art in Nature (3-5 years) outdoors weather permitting 11:15-12:00		Little Groove Music (3mo - 4 years) 10:00-10:40
		Little Groove Music 10:45-11:25 Little Groove Music 11:30-12:10
Storybook STEM (3-5 years) 4:00-4:45 Knitting Club (7-12 years) 5:00-5:45	Red Sox Rookie League (4 years) 4:30-5:15 <b>T-Ball (5-6 years)</b> 5:15-6:00	Half Kick Soccer (3-5 years) 2:30-3:15 Tennis Club (3-5 years) 3:00-3:45 Tennis Club (5-6 years) 3:45-4:30 Beginner Tennis Club (6-12 years) 4:30-5:15
		Advanced Tennis Club (7-12 years) 5:15-6:00 Girls Running Club (7-12 years) 5:00-6:00
		AAA/Majors Skills Clinics (9-13 years) 5:00-6:00



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# WEDNESDAY

### SPRING 2021

MAIN ASSEMBLY	ARTROOM	BOSTON COMMON	TERSF	JOY STREET	ONLINE
	Ocean Explorers (3-5 years) 11:15-12:00				
<b>Jungle Gym (4-6 years)</b> 2:00-2:45		Half Kick Soccer (3-5 years) 1:30-2:15	Half Kick Soccer (3-5 years) 4:30-5:15	Bitty Basketball (3-4 years) 3:30-4:15	Art of Cooking (3-6 years) 3:30-4:15
Musical Theater & Arts (6-10 years) 4:00-5:30		Tennis Club (3-5 years) 3:00-3:45 Tennis Club (5-6 years) 3:45-4:30 Beginner Tennis Club (6-12 years) 4:30-5:15	Field Hockey (6-8 years) 4:30-5:30 AAA Baseball (9-10 years) 5:15-6:15	Toddler Storybook Ballet (3-4 years) 4:30-5:15	
		Advanced Tennis Club (7-12 years) 5:15-6:00 Majors Baseball (11-13 years) 5:00-7:00	<b>Field Hockey (9-12 years)</b> 5:30-6:30	<b>Storybook Ballet (4-6 years)</b> 5:30-6:15	Great HH Bake Off (7-12 years) 5:15-6:00





#### SEMI-PRIVATE PODS AVAILABLE

Inquire with staff to schedule, 617-227-5838



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# THURSDAY

# SPRING 2021

MAIN ASSEMBLY	ART ROOM	BOSTON COMMON	TERSF	SEMI-PRIVATE PODS AVAILABLE
	<b>Art in Nature</b> <b>(3-5 years)</b> 11:15-12:00			Inquire with staff to schedule, 617-227-5838
Jungle Gym (4-6 years) 2:00-2:45	Stuffed Animal Design (5-7 years) 4:15-5:00	Tiny Track & Field (3-6 years) 2:00-2:45 Half Kick Soccer (3-5 years) 3:00-3:45 Tennis Club (3-5 years) 3:00-3:45 Tennis Club (5-6 years) 3:45-4:30 Beginner Tennis Club (6-12 years) 4:30-5:15	Beginner Karate (5-7 years) 4:00-4:45	SOL'S RED S 2 3 6 7 8 9
<b>Gymnastics (6-7 years)</b> 5:00-5:45	Fashion Design (7-12 years) 5:15-6:00	Advanced Tennis Club (7-12 years) 5:15-6:00 AAA/Majors Skills Clinics (9-13 years) 5:00-6:00	Intermediate Karate (7-12 years) 5:00-5:45 Half Kick Soccer (3-5 years) 4:30-5:15 6U Soccer Clinics (4.5-5 years) 5:15-6:15 Girls Softball (6-12 years) 5:15-6:15	



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# FRIDAY

MAIN ASSEMBLY	ARTROOM	BOSTON COMMON	TERSF	SEMI-PRIVATE PODS AVAILABLE
	Mundo de Colores Open Pod (1-3 years) 10:00-10:45	Little Groove Music (3 months - 4 years) 10:00-10:40 Little Groove Music 10:45-11:25 Little Groove Music 11:30-12:10		Inquire with staff to schedule, 617-227-5838
Ninja Warrior Training (3-5 years) 1:30-2:15 Get Into Gymnastics (3-5 years) 4:00-4:40 Get Into Gymnastics (3-5 years) 4:50-5:30		Half Kick Soccer (3-5 years) 12:30-1:15 Intro to Flag Football (5-6 years) 4:00-5:00	Born to Play Baseball (3 years) 3:30-4:15 AA Baseball (7-8 years) 4:30-5:30 United Goalkeeper Clinic 4:45-5:30	
<b>Gymnastics (6-7 years)</b> 5:40-6:20		Friday Flag Football (7-12 years) 5:00-6:00	United Soccer Practice 5:30-7:00	



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# WEEKEND

# SPRING 2021

### SATURDAY

### **SUNDAY**

#### **SEMI-PRIVATE PODS AVAILABLE**

Inquire with staff to schedule, 617-227-5838



MAIN ASSEMBLY	BOSTON COMMON	TERSF	
Get Into Gymnastics (3-5 years)	<b>Majors Baseball (11-13 years)</b> 9:00-11:00	<b>AAA Baseball (9-10 years)</b> 9:00-11:00	F
9:30-10:10 Get Into Gymnastics		Half Kick Soccer (3-5 years) 9:30-10:15	
<b>(3-5 years)</b> 10:20-11:00		United Soccer Games 10:00-3:00	
<b>Gymnastics</b> (6-7 years) 11:10-11:50		Half Kick Soccer (3-5 years) 10:30-11:15	9
		T-Ball (5-6 years)	

11:00-11:50 Half Kick Soccer (3-5 years)

11:30-12:15

AA Baseball (7-8 years) 12:00-1:00 & 1:00-2:00

Half Kick Soccer (3-5 years) 11:00-11:45 **NEW** Ultimate Frisbee (8-13 years) 11:00-12:00

Sunday Soccer (6-12 years) 12:00-1:00

Track & Field (7-12 years) 1:00-2:00

NFL Flag Football Clinics (6-12 years) 2:00-3:00





**Registration Opens: February 9** for members February 11 for non-members



Boston, MA 02108 (617) 227-5838

All programs run for 10 weeks at 45 minutes unless otherwise noted.

NOTE: Participants must meet a program's minimum age requirement by April 1, 2021. Schedule and programs are subject to change.

#### ART

#### Animal Education Art (3-5 years)

#### Mondays | 10:15

In this art class, students will focus on a different animal each week, learning about what makes them special like where they are from and what they eat. After learning about the animal, students will create an art project inspired by the animal, merging zoology with creating!

#### Art in Nature (3-5 years)

#### Tuesdays and Wednesdays | 11:15

#### Weather permitting

Exploring the elements through nature. By making natural brushes, paining branches and wood sculptures. Seasonal projects using pumpkins, leaves, snow, flowers, dirt and much more. We will explore sensory bins with sands, dirt and other items to see what happens when we add water, snow, sticks and lots more.

#### Fashion Design (7-12 years) Thursdays | 5:15

Get ready to explore the world of fashion, from creating your own textiles to sewing up cool outfits, you will learn the ins and outs of what's in and what's out. This class will focus on the basics of hand sewing, color, fashion illustration, and textiles. Participants will create outfits for their favorite dolls or stuffed animals, learn to create fun and interesting patterns, and create a fashion portfolio of their dream outfits. Unleash your inner fashionista in this exciting new class.

#### Knitting Club (7-12 years) Mondays | 5:00

For new knitters or those looking for a group to knit with, this club is for you! This weekly class will focus on introductory and intermediate knitting techniques using a variety of knitting methods and tools. Join friends and create a bundle of colorful pieces while learning skills that last a lifetime!

#### Mundo de Colores (1-3 years) Fridays | 10:00

Art projects and crafts will help your little one learn simple Spanish words and phrases. With interactive activities and songs included, your child will become more comfortable with the Spanish language. Mundo de Colores promotes development of hand-eye coordination, visual and fine motor skills, sequencing and arranging abilities. While getting messy and creative, young artists will start to become aware of different colors, shapes, shades and textures.

#### Ocean Explorers (3-5 years)

#### Wednesdays | 11:15

Dive into this new art class with us as we learn all about the ocean and the creatures that call it home. Students can make a splash in our water tank and will create a new art project related to the lesson each week, learning with a greater understanding of the seven seas.

#### Stuffed Animal Design (5-7 years) Thursdays | 4:15

This class is for students looking to learn how to create with a needle and thread as well as some basics of knitting with the ultimate goal of creating stuffed animals while gaining skills useful for other crafts too.

Have questions about our program offerings? Contact Chelsea for enrichment programs and Marshall for athletics at 617–227–5838.

### BASEBALL

#### AA Baseball (7-8 years)

#### Fridays | 4:30-5:30 Games TBA, Saturdays | 12:00-1:00 & 1:00-2:00

In this coach/machine-pitched league, players continue to build upon the basic fundamentals developed in T-Ball while learning live hitting, position play and the basics of formal gameplay with rules being introduced gradually throughout the season. Participants practice once during the week and play one game each weekend. All players are assigned to a co-ed team and will receive a shirt and hat.

#### AAA Baseball (9-10 years) Wednesdays | 5:15-6:15 Games TBA, Saturdays | 9:00-11:00

In this player-pitched league, participants learn more specialized and advanced positional skills while playing in a formalized, official league with the rules and techniques they have learned in AA. Participants practice once during the week and play one game each weekend. All players are assigned to a co-ed team and will receive a shirt and hat.

#### Born to Play Baseball (3 years) Fridays | 3:30

Introduce your child to America's favorite pastime through this beloved Hill House class. Kids will learn the fundamentals of baseball through fun games and activities. These littlest baseball players will learn hitting, fielding and throwing from an experienced, supportive team of coaches.

#### Majors Baseball (11-13 years)

#### Mondays & Wednesdays | 5:00-7:00 Saturdays | 9:00-11:00

After years of learning fundamentals and honing their skills, players will be in an ideal position to succeed in this Little League accredited program based on the inimitable Boston Common baseball field. The emphasis is on challenging yourself and having fun competing against friends for the Hill House league championship while also playing teams from surrounding neighborhoods. Teams will have a mix of practices and games each week. Top coaching and increased playing time will ensure maximum development. Find Girls Softball under Softball.

#### AAA/Majors Skills Clinics (9-13 years) Tuesdays or Thursdays | 5:00-7:00 pm

Separate from our normal Majors schedule, these add-on auxiliary clinics will run on Tuesdays and Thursdays for our most passionate players. Clinics will be led by Majors staff and continue to build on the skills being worked on throughout the season. Whether this is extra fielding, batting practice, working on pitching mechanics, or catching, this will be your program to get those extra repetitions in and stay ahead of the pack!

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#### Red Sox Rookie League (4 years)

#### Tuesdays | 4:30-5:15

For any eager players ready to graduate from Born to Play Baseball! The Rookie League will invite all 4 year olds to participate in staff-led clinics that expand on the basic skills and fun games that all new players will need to know to join a team in T-Ball the following spring. All equipment will be provided, and all players will receive a hat and t-shirt.

#### T-Ball (5-6 years)

#### Tuesdays | 5:15 Games TBA, Saturdays | 11:00-11:50

T-Ball invites you to embark on your child's first experience with Hill House team play. Participants learn the basics of teamwork and simple baseball technique in a hands-on environment. T-Ball participants practice once during the week and play one game each weekend. All players are assigned to a co-ed team and will receive a shirt and hat.

#### BASKETBALL

#### Bitty Basketball (3-4 years)

#### Mondays | 3:30 Wednesdays | 3:30

Learn the fundamentals of basketball with our patient, creative instructors. Participants will learn skills and techniques through simple, fun games and activities. Kids will learn proper dribbling and shooting methods. Not only do they have more fun than those who don't play, but Bitty Basketballers are also better prepared for our U6 Basketball League when they're the right age.

#### 6U Basketball Clinics (6-7 years) Mondays | 4:15-5:00

Has your child played basketball at some level before but still a beginner? This is the ideal class for you. Fun games, drills and scrimmage time will take your child's play to the next level...with a smile on their face!

#### 8U Basketball Clinics (7-9 years) Mondays | 5:00-6:00

If you count down the days until the start of Hill House's basketball season, this is a class just for you! Continue to develop dribbling, shooting and strategic skills on the court as you gain valuable playing time with your winter teammate for an additional season. Just like our winter soccer clinic and our fall batting practices, keep your body in motion and your muscle memory fresh, in season and out.

#### CHESS

All chess classes will be held online this spring

#### Intermediate Chess (7-10 years)

#### Mondays | 4:00

Taught by Chess Master, Vadim M, this course will build strategy and game play each week at a level suited to each participant. By the end of the semester, children will have the knowledge to fully enjoy the game of chess. This class always fills so sign up quickly!

#### Intro to Chess (5-7 years)

#### Mondays | 3:15

Just want to play and learn the basics of chess? This course is an introduction to the rules and general play of the game of chess. Participants will learn basics and the program will be based on facilitated matches against other children.

#### COOKING

All cooking classes will be held online this spring Art of Cooking (3-5 years)

#### Wednesdays | 3:30

Whether your child is interested in becoming a head chef or simply creating a delicious snack, the Art of Cooking is a wonderful opportunity to connect your culinary explorer to old favorites and a few new things, too! This class will develop your child's listening skills, ability to follow directions and work together with others in a fun and creative atmosphere. In addition to taking home tasty treats, children will also create their own cookbooks to take home at the end of the semester. Please note: this is a drop-off class. Participants must be potty trained.

#### Great Hill House Bake Off (7-12 years) Wednesdays | 5:15

This class is geared towards older kids who wish to take baking to the next level. In fun competitive teams, students will compete in this drop-off class to create wonderful bakes and learn how they can improve their skills and techniques just like they're in a cooking T.V. show!

### DANCE

#### Toddler Storybook Ballet (3-4 years) Wednesdays | 4:30

Storytelling and pre-ballet instruction combine to create fairy tale-inspired classes full of adventure and fun. Fun and stories will blend into learning ballet basics. Spark your little one's interest in dance at this young age!

#### Storybook Ballet (4-6 years)

#### Wednesdays | 5:30

Storytelling and pre-ballet instruction combine to create fairy tale-inspired classes full of adventure and fun. Proper classroom etiquette gives children a foundation for learning ballet basics. Join us for one of our most popular Hill House dance classes! Please note: this is a dropoff class. All participants must be potty-trained.

SPRING

2021

#### **FIELD HOCKEY** Girls Field Hockey (6-12 years) Wednesdays | 4:30-5:30 (6-8 years)

Wednesdays | 5:30-6:30 (9-12 years)

Join us as we head out to the fields to learn the basics of this sport. Proper grip, ball control and body positioning will all be instilled as we run drills to help players solidify the rules of the sport as they practice passing and scoring out on the fields.

#### FOOTBALL Friday Flag Football (7-12 years)

#### Fridays | 5:15-6:30

Flag Football introduces children to the game of flag football through drills and scrimmages. Children will learn the fundamental skills necessary to excel in football and will receive instruction designed to improve their speed, agility and overall athleticism. The program promises exercise and instills good sportsmanship and teamwork. Build up your skills to play in the Boston NFL Flag Football League in the fall.

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#### Intro to Flag Football (5-6 years) Fridays | 4:00-5:00

The perfect introduction to Flag Football and a child's first taste of playing the game in a fun and safe environment. Run through plays while learning the basics of the game with the Hill House coaches. Time will be split between learning a new skill each week and implementing that in a game at the end. Build up your skills to play in the Boston NFL Flag Football League in the fall.

#### NFL Flag Football Clinics (6-12 years) Sundays | 2:00

Come sharpen your football skills for the NFL Fall Flag Football League with our NFL Flag Football Clinic. Players will work in drill-based activities and hone in on football attributes that will be essential for games in the fall. Our clinics will spark their passion for the sport while growing their understanding of the importance on being a member of a team.

#### FOREIGN LANGUAGE

#### Mundo de Colores (12 months-3 years) Fridays | 10:00

Art projects and crafts will help your little one learn simple Spanish phrases and colors Mundo de Colores promotes development of hand-eye coordination, visual and fine motor skills, sequencing and arranging abilities, awareness of colors, shapes, shades, textures and decision-making techniques.

#### **FITNESS FUN** Girls Running Club (7-12 years) Tuesdays | 5:00

This program for girls will meet on the Boston Common. New and experienced distance runners will be coached toward success and the season will culminate with the opportunity to compete in a local 5K.

#### Ninja Warrior Training (3-5 years) Fridays | 1:30

This fun active 'training' will work on skills such as balance, power, speed, and agility; turning all participants into future Hill House ninja warriors! There will be new obstacle courses and challenges each week to test our participants and help strengthen their ninja skills.

#### Tiny Track and Field (3-6 years) Thursdays | 2:00

In this class, children will be introduced to a variety of skills that will be sure to get them ready for the future Olympics. This program will combine motor skills development and helpful techniques with a major focus on fun! These exercises and games will prepare athletes for a future in cross-country, track and field events, while inspiring a love for running and being active.

#### Track & Field (7-12 years)

#### Sundays | 1:00

Get ready, set, go and come join our Hill House family for our new, co-ed Spring Track and Field Program! Runners, of all skill sets, will engage in team bonding exercises and fun drills in order to develop teamwork and fundamental athletic skills. We will work hard. have fun, and run into this new adventure together!

#### **NEW** Ultimate Frisbee (8-13 years)

#### Sundays | 11:00

Come on down to the Ebersol fields on Sundays this spring for this brand new program! Learn the basics of Ultimate Frisbee from Hill House staff and volunteers which helps develop your all-around athleticism. Work on your fundamentals and build into fun scrimmage gameplay each week, and enjoy beautiful spring days out on the Esplanade!

#### **GYMNASTICS**

#### Get into Gymnastics (3-5 years)

Thursdays | 3:00 & 4:00 Fridays | 3:00 & 4:00

Aged out of Jumping Jacks but loved the rolls, balance beams and bars? Take the next step and join us in the firehouse for the basics of gymnastics in the fun introductory class. By the end of the program your little one will be able demonstrate a variety of gymnastic skills and have fun doing it!

#### Gymnastics (6-7 years) Thursdays & Fridays | 5:00

Is your child bouncing around the house – they are ready for gymnastics! Join our supportive instructor to learn the basics in gymnastics and use balance beams, tumble mats, spring boards and more. A great introductory without all the travel and competitiveness.

#### KARATE Beginner Karate (5-7 years) Thursdays | 4:00

Beginner Karate focuses on rule-play and trusting that three basic rules will ensure a safe martial arts experience! Children will learn the most basic dojo (training hall) etiquette: how to bow and how to listen with their eyes. Attentive practice will keep students aware of their surroundings and fellow students as they begin to learn the basics of sparring in relation to defending themselves. Raising their hand to speak, or demonstrating the Statue of Liberty, gives them a lot of power and a voice in the class.

#### Intermediate Karate 1 (7-12 years) Thursdays | 5:00

At this level, with some practice under their belt, students know that the rules are in place to protect them. Respect has taught them caution. Participants understand eye-contact as a method of communication. At this level, students will continue to practice sparring and the benefits of self-defense as they begin to earn stripes and different color belts and practice goal-setting and obtainment.

SPRING

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#### MUSIC Little Groove Music (3 months-4 years)

#### Tuesdays | 10:00, 10:45, 11:30 Fridays | 10:00, 10:45, 11:30

These music classes are designed to help infants, toddlers and preschoolers learn and interact through sound, sight and touch in a live music setting. Children enjoy using their bodies and voices to sing along to catchy songs that help them build important motor and social skills. They will also have fun using real instruments such as drums, shakers and tambourines. Children also interact with puppets, bubbles, balls, pom poms, building blocks and one large parachute!

#### Private Music Lessons (6-12 years)

Call (617) 227-5838 to inquire about availability Our private music lessons provide your child with one-on-one music instruction. Gifted piano, guitar and percussion teachers work to cultivate skills and foster your child's love of music by incorporating requests and popular music along with the classics during lesson times.

> HOUSE

Boston, MA 02108 (617) 227-5838

Indoor Programs Start: The week of March 15

February 11 for non-members

**Registration Opens: February 9** for members



### SPRING 2021

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#### SOCCER

#### Half Kick Soccer (3-5 years)

Mondays | 1:30 & 2:15 Tuesdays | 2:30 Wednesdays | 1:30 & 4:30 Thursdays | 3:00 Fridays | 12:30 Saturdays | 9:30, 10:30, 11:30 Sundays | 11:00

Through energetic games and age-appropriate activities, participants will learn basic dribbling, passing and shooting skills in addition to the most basic rules of soccer. The primary goal of Half Kick is to encourage further participation by making soccer fun and engaging.

#### Hill House United (continuation of fall season)

Monday Skills Clinics | 4:00-5:00 Fridays | 5:30-7:00 United Goalkeeper Clinic: Fridays | 4:45 Weekend games | Visit bays.org

Hill House United is a travel soccer program for more advanced players looking to learn and compete at a higher level. Teams compete in the Boston Area Youth Soccer League and play other local travel teams. Playing requires a significant commitment due to the travel around the Greater Boston area.

#### Sunday Soccer (6-12 years)

#### Sundays | 2:00-3:30

Polish your skills in the off-season with this Sunday afternoon clinic. Players will work on all aspects of the game, including dribbling, passing, shooting and team strategy. Hill House's Sunday Soccer program will develop all aspects of a player's game by placing them in a fast, fun setting. Enjoy playtime on the Esplanade each week as the weather grows warmer! Open to all experience levels.

#### 6U Soccer Clinic (4.5-5 years) Thursdays | 5:15-6:15

This clinic sill help solidify the basics of the world's most popular sport for your young athlete. Games and drills will allow players to get used to having a ball at their feet. We will work to develop listening and cooperation skills. A focus on dribbling, passing and shooting will give players a chance to compete against one another. We aim to assist in the development of player's skills so that they might achieve their maximum potential at their own pace. Based on numbers, all players enrolled will train in small groups determined by age and ability. The primary focus at this level is the development of fundamental skills in a fun environment with the beginnings of structured team play.

#### SOFTBALL

#### Girls AA Softball – Coach Pitch (6-9 years)

#### Thursdays | 5:15-6:15

Building on the basic principles taught in co-ed T-Ball, AA will offer girls the opportunity to learn their own sport with this new coach-pitch offering. This will give girls their first exposure to hitting pitching from our instructors, team defense and formal games. Clinic-based practices will be combined with games In one weeknight session. Players all receive a hat, jersey and will be assigned to a team.

#### Girls AAA Softball – Player Pitch (8-12 years)

#### Thursdays | 5:15-6:15

Building on the principles taught in AA Softball, the AAA program will test girls with their ability to hit live pitching from other players. Our athletics staff and volunteers will lead these teams and help teach new concepts such as positional defense, hitting techniques and pitching mechanics. Clinic based practices will be combined with games during our one weeknight session. Players all receive a hat, jersey and be assigned a team. Travel games against the North End will be an option as well during the season.

#### STEM (SCIENCE, TECHNOLOGY, ENGINEERING AND MATH) Science Experiment Explorers (3-5 years) Mondays | 3:15 and 4:15

Your curious scientist will exposed to all sorts of experiments in this class! Learn how clouds are formed and watch a rainstorm in a bottle, see what happens when vinegar and baking soda combine, discuss density as we see which objects sink or float and delight as colors dance as they pass through a prism. Look forward to getting your hands messy as we explore all that science has to offer!

**PLEASE NOTE**: this is a drop-off class. All participants must be potty-trained.

#### Storybook STEM (3-5 years) Tuesdays | 4:00

Begin your child's exploration into STEM through a fun, story based exploration of engineering and much more. Solve problems and test out "what ifs" from your favorite childhood stories. With different stories and age appropriate tasks each week your little one will be amazed what they can achieve.

**PLEASE NOTE**: this is a drop-off class. All participants must be potty-trained.

#### TENNIS

#### Tennis Club (4-12 years)

Tuesdays, Wednesdays & Thursdays 3:00 (3-5years) 3:45 (5-6years) 4:30 Beginners (6-12years) 5:15 Intermediate/Advanced (7-12years)

Grab your racquet and head to the Boston Common tennis courts to build your skills. Open to beginner and strong players alike as the individual attention from our instructors will challenge players at their own individual skill level. We are happy to have expanded this program to multiple classes this spring, which will develop each player's "love" for tennis. Taught by experienced Tennis Pros.

#### THEATRE

#### Musical Theater & Arts (6-9 years) Wednesdays | 4:00-5:30

Explore the art of musical theater, set and costume design! The first part of this class will be spent in our Performance Hall (the Main Assembly Room, of course!) learning lines and songs, blocking and choreography. Next, participants will travel up to the art room, where they'll work to create backdrops, props, and other inspired works of art to complement their theatrical work.

#### **TUMBLING & MOVEMENT**

#### Jungle Gym (4-6 years)

#### Wednesdays & Thursdays | 2:00

This program is designed for kids who love being active. With music and gym equipment, this class will allow students to socialize and participate in fun activities like obstacle courses!

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### ATHLETIC AND PROGRAM GUIDE

Each season, Hill House administrators, instructors, board members and volunteers work together to fund and execute athletics, programs and service activities in order to meet the diverse social, educational, cultural and recreational needs of individuals and families residing in Boston's downtown neighborhoods. Through quality programs, collaborative partnerships and volunteer support, our organization seeks to build and foster a strong sense of urban community and improve the quality of life for residents of all ages.

#### Membership—\$150/yr

DID YOU KNOW that if your family registers for 3 programs each year, a Hill House Membership pays for itself? Hill House Members can register early for programs at a reduced rate and are able to participate in free art and playgroup classes.

CALL 617-227-5838, x 230 EMAIL madamczyk@hillhouseboston.org VISIT www.hillhouseboston.org

#### **Registration Opens**

**February 9** for members, 10am **February 11** for non-members, 10am

Programs Start Indoors on March 15



#### **This Season At-a-Glance**

March 15 Indoor Programs Begin

April 5 Boston Common Fields Open April 19 Hill House Closed-Patriot's Day

May 4 Soccer League Registration Opens for Members

May 6 Soccer League Registration Opens for Public

May 18 & 20 United Soccer Tryouts

#### **Questions?**

Lauren Hoops-Schmieg, Executive Director lschmieg@hillhouseboston.org xI80

Meredith Adamczyk Director of Marketing & Community Outreach madamczyk@hillhouseboston.org x230

Marshall Caldera, Athletics Director mcaldera@hillhouseboston.org xI30

Adriana Donohue Senior Instructor for Enrichment Programs adonohue@hillhouseboston.org, x104

**Chelsea Evered**, *Program Manager* cevered@hillhouseboston.org xI40

May 25 Fall Registration Opens for Members

May 27 Fall Registration Opens for Public

May 30 Summer Art, Music and Sports Programming Begins

June 14 Summer Camp Begins

**Vonnika Figaro**, *Program Office Assistant* vfigaro@hillhouseboston.org, x100

**Ryan Flanagan**, Senior Athletics Coordinator rflanagan@hillhouseboston.org, x106

Patty Kennedy, Finance Manager pkennedy@hillhouseboston.org x120

Josh Oliver, Athletics Coordinator joliver@hillhouseboston.org, x105

**Dianne Powers**, Senior Development Director dpowers@hillhouseboston.org x220

Registration Opens: February 9 for members February 11 for non-members Indoor Programs Start: The week of March 15



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