

# WINTER 2020-2021 ATHLETIC AND PROGRAM GUIDE



REGISTRATION OPENS:  
November 3 for members, November 5 for non-members.  
PROGRAMS START: Monday December 7



127 Mount Vernon St.  
Boston, MA 02108  
(617) 227-5838  
[www.hillhouseboston.org](http://www.hillhouseboston.org)

# SCHEDULE AT A GLANCE

► **SEMI-PRIVATE PODS AVAILABLE:** Inquire With Staff To Schedule, 617-227-5838 x140

## IN-PERSON PROGRAMS

### MONDAY

Art In Nature	11:15-12:00	Fire House
Half Kick Soccer	1:30-2:15	Fire House
Outdoor Science (4 Weeks)	2:00-2:45	Boston Garden
Bitty Basketball	3:00-3:40	Joy St.
Celtics Rookie League	3:50-4:30	Joy St.
Science Exp. Explorers	4:15-5:00	Fire House
6U Basketball League	4:40-5:20	Joy St.
8U Junior Basketball League	4:45-5:45	YMCA
Start To Skate	5:00-6:00	Steriti Rink
Figure Skating Skills	5:00-6:00	Steriti Rink
Hockey Skating Skills	5:00-6:00	Steriti Rink
6U Basketball League	5:30-6:10	Joy St.
Winter Baseball	6:20-7:00	Joy St.

### TUESDAY

Outdoor Art (4 Weeks)	2:00-2:45	Boston Garden
Bitty Basketball	3:00-3:40	Joy St.
Celtics Rookie League	3:50-4:30	Joy St.
Play, Paint & Investigate II	4:00-4:45	Fire House
Knitting Club	4:00-4:45	Fire House
6U Basketball League	4:40-5:20	Joy St.
Girls Basketball League	4:45-5:45	YMCA
Storytelling	5:00-5:45	Fire House
6U Basketball League	5:30-6:10	Joy St.

### WEDNESDAY

Half Kick Soccer	1:30-2:15	Fire House
Tennis Club (3-4)	3:00-3:40	Joy St.
Tennis Club (5-6)	3:40-4:30	Joy St.
Beginner Tennis Club	4:30-5:20	Joy St.
13U Pro Basketball League	4:45-5:45	YMCA
YMCA Swimming (I-III)	5:00-5:45	YMCA
Advanced Tennis Club	5:30-6:10	Joy St.

### THURSDAY

Animal Education Art	11:00-11:45	Fire House
Jungle Gym	2:00-2:45	Fire House
Tennis Club (3-4)	3:00-3:40	Joy St.
Tennis Club (5-6)	3:50-4:30	Joy St.
Stuffed Animal Art	4:15-5:00	Fire House
Beginner Tennis Club	4:40-5:20	Joy St.
10U Senior Basketball League	4:45-5:45	YMCA
YMCA Swimming (IV-VI)	5:00-5:45	YMCA
Fashion Design	5:15-6:00	Fire House
Advanced Tennis Club	5:30-6:10	Joy St.

### FRIDAY

Mundo De Colores Pod	10:00-10:45	Fire House
Half Kick Soccer	12:30-1:15	Fire House
Born To Play Baseball	1:30-2:15	Fire House
Get Into Gymnastics	3:00-3:45	Fire House
Bitty Basketball	3:00-3:40	Joy St.
Celtics Rookie League	3:50-4:30	Joy St.
Get Into Gymnastics	4:00-4:45	Fire House
6U Basketball League	4:40-5:20	Joy St.
Gymnastics	5:00-5:45	Fire House
Aa Baseball Clinics	5:30-6:10	Joy St.

### SATURDAY

Half Kick Soccer	9:00-9:40	Joy St.
6U Soccer Clinics	9:50-10:30	Joy St.
Tennis Club (3-4)	10:40-11:20	Joy St.
Tennis Club (5-6)	11:30-12:10	Joy St.
Beginner Tennis Club	12:20-1:00	Joy St.
Advanced Tennis Club	1:10-1:50	Joy St.

## WINTER 2020/2021 ATHLETIC AND PROGRAM GUIDE

## ONLINE PROGRAMS

### MONDAY

Junior Bootcamp	10:30-11:10	Zoom
Intro To Chess	3:15-4:00	Zoom
Soccer Bootcamp	4:00-4:40	Zoom
Intermediate Chess	4:00-4:45	Zoom

### TUESDAY

Little Groove Music	9:15-10:00	Zoom
Little Groove Music	10:15-11:00	Zoom

### WEDNESDAY

Junior Bootcamp	10:30-11:10	Zoom
Senior Bootcamp	4:00-4:40	Zoom

### THURSDAY

Beginner Karate	4:30-5:15	Zoom
Intermediate Karate	5:30-6:15	Zoom

### FRIDAY

Little Groove Music	10:15-11:00	Zoom
Little Groove Music	11:15-12:00	Zoom
Junior Bootcamp	3:00-3:40	Zoom
United G3-G4	4:00-4:40	Zoom
United G5-G6	5:00-5:40	Zoom

### SUNDAY

Soccer Bootcamp	2:00-2:40	Zoom
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# PROGRAM DESCRIPTIONS

All programs run for 45 minutes unless otherwise noted

**NOTE:** Participants must meet a program's minimum age requirement by December 1, 2020.

## ART

### Animal Education Art (3-5 years)

Offered in-person: Thursdays | 11AM

In this art class, students will focus on a different animal each week, learning about what makes them special like where they are from and what they eat. After learning about the animal, students will create an art project inspired by the animal, merging zoology with creating!

### Art in Nature (3-5 years)

Offered in-person: Mondays | 11:15AM

Explore mother nature and the elements in this new art class! Your child will make natural paint brushes, paint branches and create wood sculptures. Seasonal projects will include use of pumpkins, leaves, snow, flowers, dirt and much more. We will explore sensory bins with sands, dirt and other items to see what happens when we add water, snow and other natural elements. **Dig in!**

### Fashion Design (7-12 years)

Offered in-person: Thursdays | 5:15PM

Get ready to explore the world of fashion, from creating your own textiles to sewing up cool outfits, you will learn the ins and outs of what's in and what's out. This class will focus on the basics of hand sewing, color, fashion illustration, and textiles. Participants will create outfits for their favorite dolls or stuffed animals, learn to create fun and interesting patterns, and create a fashion portfolio of their dream outfits. Unleash your inner fashionista in this exciting new class.

*\*Masks will be required for all drop-off programs.*

### Knitting Club (6-12 years)

Offered in-person: Tuesdays | 4PM

Come join us for Knitting Club! This class is geared towards students who are curious to learn more about knitting and practice their skills with an experienced instructor. They will explore various tools and knitting techniques in this class. All skill levels are welcome.

*\*Masks will be required for all drop-off programs.*

### Mundo de Colores Pod (12 months-3 years)

Offered in-person: Fridays | 10AM

This class is for families who want to participate in the semi-private pod offerings but do not have a group of families to create their own pod with. This class will be closed to the public one week after it begins so that the group is the same students for the season.

Art projects and crafts will help your little one learn simple Spanish phrases and colors. Mundo de Colores promotes development of hand-eye coordination, visual and fine motor skills through sequencing and arranging. This class will also broaden awareness of colors, shapes, shades and textures.

*\*Masks will be required for all drop-off programs for ages 3 years and older.*

### Ocean Explorers (3-5 years)

Offered in-person: Wednesdays | 11AM

Dive into this new art class with us as we learn all about the ocean and the creatures that call it home. Students can make a splash in our water tank and will create a new art project related to the lesson each week, learning with a greater understanding of the seven seas.

*\*Masks will be required for all drop-off programs.*

### Outdoor Art (3-5 years)

Offered in-person: Tuesdays | 2PM

This 4 week program is geared towards families who don't mind bundling up and still wish to be outdoors for programming! This class will create different art projects inspired by the Boston Garden while remaining outdoors the whole time.

*\*Masks will be required for all drop-off programs.*

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Private or semi-private pod groups can book weekly sessions at the Firehouse or our gym at 74 Joy St.

Activities can range from art to tumbling to basketball or soccer and more.

**Inquire With Staff To Schedule, 617-227-5838 x140**

### Play, Paint & Investigate II (3-5 years)

Offered in-person: Tuesdays | 4PM

The next step to fulfill the investigative and natural schema of childhood. Join us for a hands-on, messy class letting your child create and play through different provocations and social-emotional skill activities. Through interesting inquiry and pretend play, we will use various textures, materials and mediums. We will smash and mix, discovering our senses using mortar, pestles, clay, light, shadow and paint among other sensory fulfilling activities.

*\*Masks will be required for this drop-off program.*

### Storytelling (7-12 years)

Offered in-person: Tuesdays | 5PM

Storytelling is an immersive writing/world creating class where kids will alternate between listening to classic stories, learning different writing tips and tricks, writing their own creative pieces, and reading them for one another. We will start out reading some classic kid literature, learning what makes a good story and what makes a great one. Next, we will move on to writing our own short stories and work on these through the weeks with some bonus story times thrown in. Finally, on our last week we will read our finished stories to one another celebrating all your hard work! If you love to read or write and want to learn how to create your own stories or how to make yours even better then this is the class for you!

*\*Masks will be required for all drop-off programs*

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## Stuffed Animal Art (5-7 years)

Offered in-person: Thursdays | 4:15PM

This class is for students looking to learn how to create with a needle and thread as well as some basics of knitting with the ultimate goal of creating stuffed animals while gaining skills useful for other crafts too.

\*Masks will be required for all drop-off programs.

## BASKETBALL

For the winter 2020-2021 season, per health & safety guidelines, Hill House Basketball will only run individual skills and small-group drills. There will be NO competitive games this year.

Half-season registration is available for Session I (Dec-Jan) or Session II (Jan-Mar) at a pro-rated cost. Email our Athletic Director, Marshall Caldera, at [mcaldere@hillhouseboston.org](mailto:mcaldere@hillhouseboston.org) for more information.



## 6 & Under Basketball (5-6 years)

Location: 74 Joy St

Mondays | 3PM and Fridays | 3PM

The 6U instruction-based clinics continue youngsters on the fundamentals of basketball in a fun, semi-competitive setting. The first three weeks will focus on skills, sportsmanship and the basics of the game then subsequent weeks include actual basketball games. Our instructors will teach the basics of offensive and defensive play while continuing to focus on good dribbling, passing, shooting and rebounding techniques.

## Girls Intro to Basketball League (6-12 years)

Location: Huntington Ave YMCA

Tuesdays | 4:45 - 5:45PM

Back by popular demand. For players both just learning the rules of formalized basketball with the comfort of their friends. Coaches will focus on creating a supportive and encouraging environment that will help them grow as players while they learn how fun basketball can be, and potentially join one of our co-ed leagues in the future. Players will be separated as best as possible for their ages for drills and game-play. Each child will receive a jersey.

## 8 & Under - Hill House Junior Basketball League (7-8 years)

Location: Huntington Ave YMCA

Mondays | 4:45-5:45PM

The 8U Junior Basketball League gives co-ed players the opportunity to play basketball in a supportive environment that emphasizes fun, sportsmanship and skill building. The season begins with three skills clinic before the holiday break. In the new year, children will be assigned teams and sessions will be broken into skills clinics while mixing in regular season games. The end of the year will hold a U8 playoff tournament and all-star games for all of our players.

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Activities can range from art to tumbling to basketball or soccer and more.

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## 10 & Under - Hill House Senior Basketball League (9-10 years)

Location: Huntington Ave YMCA

Thursdays | 4:45-5:45

The 10U Senior Basketball League gives co-ed players the opportunity to play basketball in a supportive environment that emphasizes fun, sportsmanship while building on all the skills taught from the U-6 and U-8 levels. Returning in the winter 2021-2022 season, the schedule begins with three skills clinic before the holiday break. In the new year, children will be assigned teams and sessions will be broken into one hour clinics and regular season games. The season will end with a U10 play-off tournament and all-star games for all players.

## 13 & Under - Hill House Pro Basketball League (11-13 years)

Location: Huntington Ave YMCA

Wednesdays | 4:45-5:45

The Hill House 13U Pro Basketball League (exists for our older basketball players. Each week focuses on layered development as we provide a challenging environment for players who aspire to reach their full potential. Returning in the winter 2021-2022 season, the schedule begins with three skills clinic before the and sessions will be broken into one hour or practice and one hour of games. The season will end with a U-13 playoff tournament and all-star games for all our players.

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## CHESS

### Intermediate Chess (6-9 years)

Offered ONLINE: Mondays | 4PM

This class is geared towards students who already know chess basics. This class will concentrate on specific offensive and defensive strategies with less review of fundamentals. Students will be able to play each other as well as their instructor to practice their skills and learn. This will be online via Zoom and LiChess.org simultaneously.

### Intro to Chess (5-8 years)

Offered ONLINE: Mondays | 3:15PM

This class is for complete beginners and concentrates on introducing participants' to the fundamentals of chess while learning specific offensive and defensive strategies. Students will be able to play each other as well as their instructor to practice their skills and learn. This will be online via Zoom and LiChess.org simultaneously.

## COOKING

### Art of Cooking (3-6 years)

Offered ONLINE: Wednesdays | 4PM

Whether your child is interested in becoming a head chef or simply creating a delicious snack, the Art of Cooking is a wonderful opportunity to connect your culinary explorer to old favorites and a few new things, too! This class will develop your child's listening skills, ability to follow directions and work together with others in a fun and creative atmosphere.

### Great Hill House Bake Off (7-12 years)

Offered ONLINE: Wednesdays | 5:15PM

This class is geared towards older kids who wish to take baking to the next level. In fun competitive teams, students will compete in this drop-off class to create wonderful bakes and learn how they can improve their skills and techniques just like they're in a cooking T.V. show!

## DANCE

### Storybook Ballet (4-6 years)

Offered in-person: Wednesdays | 5:30PM

Storytelling and pre-ballet instruction combine to create fairy tale-inspired classes full of adventure and fun. Proper classroom etiquette gives children a foundation for learning ballet basics. Join us for one of our most popular Hill House dance classes! Please note: this is a drop-off class. All participants must be potty-trained.

### Toddler Storybook Ballet (3-5 years)

Offered in-person: Wednesdays | 4:45PM

Storytelling and pre-ballet instruction combine to create fairy tale-inspired classes full of adventure and fun. Proper classroom etiquette gives children a foundation for learning ballet basics. Join us for one of our most popular Hill House dance classes! Please note: this is a drop-off class. All participants must be potty-trained.

## GYMNASTICS

### Get into Gymnastics (3-5 years)

Offered in-person: Fridays | 3PM & 4PM

Aged out of Jumping Jacks but loved the rolls, balance beams and bars? Take the next step and join us in the firehouse for the basics of gymnastics in the fun introductory class. By the end of the program your little one will be able demonstrate a variety of gymnastic skills and have fun doing it!

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### Gymnastics (6-8 years)

Offered in-person: Fridays | 5PM

For those who are a bit older and looking to take a more advanced gymnastics class, join us in this brand-new class geared towards older gymnasts! By the end of the program your child will be able demonstrate a variety of gymnastic skills and have fun doing it!

## KARATE

### Beginner Karate (5-7 years)

Offered ONLINE: Thursdays | 4:30PM

Beginner Karate focuses on rule-play and trusting that three basic rules will ensure a safe martial arts experience! Children will learn the most basic dojo (training hall) etiquette: how to bow and how to listen with their eyes. Attentive practice will keep students aware of their surroundings and fellow students as they begin to learn the basics of sparring in relation to defending themselves. Raising their hand to speak, or demonstrating the Statue of Liberty, gives them a lot of power and a voice in the class.

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## Intermediate Karate (7-12 years)

Offered ONLINE: Thursdays | 5:30PM

At this level, with some practice under their belt, students know that the rules are in place to protect them. Respect has taught them caution. Participants understand eye-contact as a method of communication. At this level, students will continue to practice sparring and the benefits of self-defense as they begin to earn stripes and different color belts and practice goal-setting and obtainment.

## MUSIC

### Little Groove Music (3 months-4 years)

Offered ONLINE: Tuesdays | 9:15 & 10:15AM

Fridays | 10:15 & 11:15AM

These music classes are designed to help infants, toddlers and preschoolers learn and interact through sound, sight and touch in a live music setting. Children enjoy using their bodies and voices to sing along to catchy songs that help them build important motor and social skills. They will also have fun using real instruments such as drums, shakers and tambourines. Children also interact with puppets, bubbles, balls, pom poms, building blocks and one large parachute! This program taught by Dylan on Tuesdays and Tommy Dempsey on Fridays.

### Private Music Lessons (6 years-12 years)

IN PERSON AND ONLINE AVAILABLE

Our private music lessons provide your child with one-on-one music instruction. Gifted piano, guitar and percussion teachers work to cultivate skills and foster your child's love of music by incorporating requests and popular music along with the classics during lesson times.\*\*

*Piano & violin instructed by Melanie Maz.*

## WINTER SKATING

### Figure Skating Skills (7-12 years)

Offered in-person: Mondays | 5PM

Grab your ice skates and head to Steriti Rink to hone your Figure Skating skills! This class will be taught by experienced professionals and will develop kids with a starting to intermediate knowledge of skating. Skaters will be split up by age and ability to ensure that each child will be working at their own speed for maximum development. A must for all New England kids!

### Hockey Skating Skills (7-12 years)

Offered in-person: Mondays | 5PM

Grab your ice skates and head to Steriti Rink to hone your Hockey Skating skills! This class will be taught by experienced professionals and will develop kids with a starting to intermediate knowledge of skating. Skaters will be split up by age and ability to ensure that each child will be working at their own speed for maximum development. A must for all New England kids!

### Start to Skate (4-11 years)

Offered in-person: Mondays | 5PM

Grab your ice skates and head to Steriti Rink to learn to skate. This introductory class will be taught by experienced professionals and will develop kids from standing to marching to skating. Skaters will be split up by age and ability to ensure that each child will be working at their own speed for maximum development. A must for all New England kids!

## SOCCEER & FUTSAL

### Half Kick Soccer (3-4 years)

Offered in-person: Saturdays | 9AM

Through energetic games and age-appropriate activities, participants will learn basic dribbling, passing and shooting skills in addition to the most basic rules of soccer. The primary goal of Half Kick is to encourage further participation by making soccer fun and engaging.

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Private or semi-private pod groups can book weekly sessions at the Firehouse or our gym at 74 Joy St.

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### 6 & Under Soccer Clinics (5-6 years)

Offered in-person: Saturdays | 9:50AM

This clinic will help solidify the basics of the world's most popular sport for your young athlete. Games and drills will allow players to get used to having a ball at their feet. We will work to develop listening and cooperation skills. A focus on dribbling, passing and shooting will give players a chance to compete against one another. We aim to assist in the development of players' skills so that they might achieve their maximum potential at their own pace. Based on numbers, all players enrolled will train in small groups determined by age and ability. The primary focus at this level is the development of fundamental skills in a fun environment with the beginnings of structured team play.

## STEM (SCIENCE, TECHNOLOGY, ENGINEERING & MATH)

### Outdoor Science (3-5 years)

Offered in-person: Mondays | 2PM

This program is for families who would like to participate in outdoor programming on sunny days even when it is a bit colder with a focus in science. Students will explore science on the Boston Garden from weather to creatures. We recommend bundling up for this exciting new offering. Please note: this is a drop-off class. All participants must be potty-trained.

*This is a 4 week program taught by Adriana Donohue in the Boston Garden.*

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## Science Experiment Explorers (3-5 years)

Offered in-person: Mondays | 4:15PM

Your curious scientist will be exposed to all sorts of experiments in this class! Learn how clouds are formed and watch a rainstorm in a bottle. They will observe what happens when vinegar and baking soda combine, discuss density as we see which objects sink or float. Look forward to getting your hands messy as we explore all that science has to offer! Please note: this is a drop-off class. All participants must be potty-trained.

## TENNIS

### Tennis Club - (3-12 years)

Offered in-person:

#### 3-5 years;

Wednesdays | 3PM, Thursdays | 3PM, Saturdays | 10:40AM

#### 5-6 years;

Wednesdays | 3:50PM, Thursdays | 3:50PM, Saturdays | 11:30AM

#### Beginner (6-12 years);

Wednesdays | 4:40PM, Thursdays | 4:40PM, Saturdays | 12:20PM

#### Advanced (7-12 years);

Wednesdays | 5:30PM, Thursdays | 5:30PM, Saturdays | 1:10PM

Grab your racquet and join us at Joy St on our indoor court to continue growing your game this winter! Open to beginner and strong players alike as the individual attention from the instructor will challenge players at their own level. Places will be limited for this new class which will develop each player's "love" for tennis.

*Players will need to provide their own racquets.*

## THEATRE

### Musical Theater (6-9 years)

Offered in-person: Wednesdays | 4PM

Explore the art of musical theater, set and costume design! The first part of this class will be spent in our Performance Hall (the Main Assembly Room, of course!) learning lines and songs, blocking and choreography. Next, participants will travel up to the art room, where they'll work to create backdrops, props, and other inspired works of art to complement their theatrical work.

## TUMBLING & MOVEMENT

### Jungle Gym (4-6 years)

Offered in-person: Wednesdays | 2PM & Thursdays | 2PM

This program is designed for kids who love being active. With music and gym equipment, this class will allow students to socialize and participate in fun activities like obstacle courses during the wintertime!

## VIRTUAL SPORTS

### Junior Sports Bootcamp (3-6 years)

Offered ONLINE: Mondays | 10:30AM, Wednesdays | 10:30AM, Fridays | 3PM

Join us online for these fun and active movement sessions. Led by our Hill House sports staff, we will run your child through a variety of fun and imaginative games to keep them moving and safe in the comfort of your home or backyard. Use this weekly session to give your little athlete a fun break in the day to exert some energy, and connect with familiar classmates while remaining at a distance!

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### Senior Sports Bootcamp (7-12 years)

Offered ONLINE: Wednesdays | 4PM

Join us online for these fun and active movement sessions. Led by our Hill House sports staff, we will run your budding athlete through a variety of fun and challenging games to keep them moving and safe in the comfort of your home or backyard. Use this weekly session to give your player a fun break in the day to exert some energy and connect with familiar classmates while remaining at a distance!

### Soccer Bootcamp (7-12 years)

Offered ONLINE: Mondays | 4PM, Sundays | 2PM

Foot skills, agility, techniques, and fun are emphasized in these online sessions of Soccer Bootcamp! Keep your footballer fresh and developing over the summer with Coach Jonny, who will make sure they have a leg up on the competition for the return of our famous leagues in the fall!

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*Have questions about our program offerings? Contact Chelsea for enrichment programs and Marshall for athletics at 617-227-5838.*

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## WHO WE ARE

Hill House offers more than 100 programs each season for youth ages 0-12 years in athletics, enrichment, and more. Hill House administrators, instructors, board members and volunteers work together to fund and execute athletics, programs and service activities in order to meet the diverse social, educational, cultural and recreational needs of individuals and families residing in Boston's downtown neighborhoods. Through quality programs, collaborative partnerships and volunteer support, our organization seeks to build and foster a strong sense of urban community and improve the quality of life for residents of all ages.

Follow us on social media:



## MEMBERSHIP—\$150/YEAR

Did you know that if your family registers for 3 programs each year, a Hill House Membership pays for itself? Hill House Members can register early for programs at a reduced rate and are able to participate in free art and playgroup programs.

**CALL:** 617-227-5838, x230

**EMAIL:** madamczyk@hillhouseboston.org

**VISIT:** www.hillhouseboston.org



## THIS SEASON AT-A-GLANCE

### November 26-27

Hill House Closed for Thanksgiving

### December 7

First Day of Winter Programming

### December 5

Hill House's Annual Tree & Wreath Sale

### December 21-January 1

Hill House Closed

### January 26

Summer Camp Registration Opens for Returning Families

### January 28

Summer Camp Registration Opens for Public

### February 9

Spring Reg Opens for Members

### February 11

Spring Reg Opens for Public

## Save the Date for Summer!

Hill House Summer Day Camp and Kiddie Kamp  
registration opens

**January 26** for last year's campers  
and **January 28** to the community!

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## STAFF LISTING

**Lauren Hoops-Schmieg**, *Executive Director*

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*\*Please note, Schedule is subject to change*



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